

YOUTH alive trust

Serving New Brighton Since 1989

www.yat.org.nz



Winter Newsletter 2023

grace
vineyard church



BEACH

Learn a Skill - Enjoy a Lifelong Passion...

Learning, having new experiences and setting goals are important for everyone at every stage of life. It helps children's brains to grow healthy and strong, helps them to learn social skills and community values. That's why we run programmes like Kitchen Klub, Basketball Clubs, Craft Club, Music Lessons, and activities during our social clubs and holiday programmes like disc golf, art, team building challenges and outdoors experiences. We then encourage these experiences to be taken outside of our programmes, into their homes, into the community and on their life journey! We know that bored young people can lead to poor decision making, which can lead to crime, unhealthy relationships and poor mental health. If we're able to support young people to find new interests and hobbies, this can change the projectory of their lives. So keep learning, me ako tonu! Embrace new experiences – awhitia te wheako hou! See opportunities – kimihia ngā ara hou! Surprise yourself – me ohore koe i a koe anō!



Celebrating Volunteers

It's Volunteer Appreciation Week and we're celebrating all of YAT's amazing volunteers! It would be impossible to run the programmes and events that we do without our volunteers, who give so much of their time, energy, blood and sweat! We average 50 weekly volunteers, plus more for special events, holiday programmes, and our board of trustees. Last year our volunteers gave a total of 9,258 hours to serving young people in our community! If they were paid at the current minimum wage, that's a saving of \$210,156 !! Thank You!!!!!!

Thank
you!

Watch Us On
YouTube



upstream

givealittle
community's perpetual guardian



Recent Highlights...

Splash



During Youth Week, our new Youth Leadership Team ran a 3v3 Basketball Event by the Pier with free hair cuts, sausages, prizes, games & a live DJ.

Dance Parties



Rock Solid recently hosted a Dance Party for local intermediates. We also hosted the annual New Brighton Catholic School Disco.

Winter Sport



We're again hosting the Friday Table Tennis competition for local schools. Doubles games PLUS free play on all our other youth centre equipment!

UpstreamNZ



Upstream has even more local products and services you can buy that benefit charities like YAT. If you're in charge of purchasing for your business, please check out: www.upstream.co.nz

Craft Club



If chatting to your friends over a hot chocolate while being creative is your idea of a good time, then Craft Club is for you! Every week this group comes up something to be proud of!

Parent Survey



We're keen to hear feedback, ideas and encouragements from Parents of young people who attend our programmes. Here's the short survey link: <https://forms.office.com/r/eaTAzgC4kU>



Supporters Breakfast Invitation

Once per year, we gather our staff, trustees, community supports, volunteers, parents, donors and other interested parties to share the stories and stats about what's been achieved this year. It's as much for our own encouragement, as for others keen to learn about what we do, so why not put it in your diary now to join us for this Supporters Celebration Breakfast on Tuesday 21st November from 7:00am - 8:30pm. RSVP at:

<https://forms.office.com/r/Ohsw3nMKyu>

How can I help ? Email: office@yat.org.nz

- ☐ I'm keen to volunteer and would like to chat to someone about the different options. Email: volunteer@yat.org.nz
- ☐ I'll set up a bank payment to give \$.... per week/fortnight/month to become a 'Friend of YAT'. Acc: 117892-0066444-00
- ☐ I'm interested in discussing how my business can partner with you or Upstream. Email: office@yat.org.nz
- ☐ Please send me information about how to leave a legacy for eastside young people in my Will. Email: office@yat.org.nz
- ☐ Please keep me updated with YAT news, by signing me up to your e-newsletter. Email: office@yat.org.nz