

YOUTH ALIVE trust

Serving New Brighton Since 1989

www.yat.org.nz

Winter Newsletter 2022

grace
vineyard church



BEACH

Every Moment Matters

My 6 year old asked me recently how many seconds are there in a day? A lot, I answered. $60 \times 60 \times 24 = 86,400!$ So why do so many parents of adult children tell me to savour and treasure these moments with my children, when often we just want to get through them?! Children grow and change so much, and every stage has its challenges - and delights! YAT runs and hosts programmes for all ages, from antenatal classes, to breastfeeding support, to perinatal support, playgroups, children's programmes, youth programmes, young leader training, parent seminars and courses, and then once you've got it all figured out - you can be a mentor for the next generation coming through!

The truth is, we'll never figure it all out, and we're always in a state of learning and growing, the same as our children. As you settle into winter, don't start longing for summer - treasure what you already have and the stage we're in. Be purposeful with your time with your children, learning something together, go on adventures together and make memories they'll forever remember.

James R. YAT Co-Manager

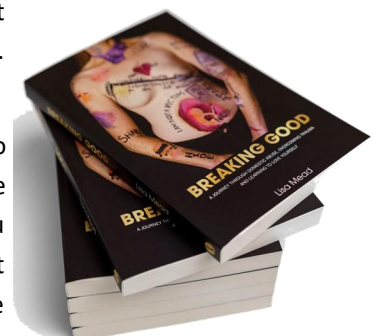


Our Year in Stats: In 2021, we had 3,841 participations at one of our weekly youth clubs, 1,758 participations at our Oscar, 3,634 participations in our Holiday Programmes, 4,615 participations in a music lesson or rock band, 506 participations at our playgroups, 110 parents attend a seminar, 84 young people attend a babysitting course and 160 young people were supported through our Mana Ake team.

Mentoring & Book Giveaway

Congrats to Lisa, an ex-attende and volunteer of YAT who recently released her biography about living through domestic violence. We have two copies of this powerful book to give away. Email: office@yat.org.nz with your name and address to be in the draw by 31st July.

Lisa is the owner of Social Currency, an accounting and consulting firm that gives 10% of all sales to local charities supporting at-risk youth in Aotearoa - over \$100,000 so far! We use donations she gives to YAT towards the work of matching and supporting mentors and mentees. Have you thought about being a mentor to a local young person? Can you spare an hour a week or fortnight to walk alongside a young person, listen to them, value them, reflect back to them, give advice when asked, and be that role model that every young person needs?? We have young people waiting to be matched, so for more info, flick us an email at: mentor@yat.org.nz



Recent Highlights...

Growing Clubs



Term 2 has seen an increase in young people at all our weekly youth clubs, in part due to leaving the Red Traffic Light and the need to re-connect.

Parent Seminar



We're grateful for a grant from Fresh Choice Parklands that funded us to host an Online Seminar for Parents on Tech. View it on our FB page if you missed it.

Winter Sport



Every Friday we host students from all our local schools for a Table Tennis competition. They also get the bonus of playing on all our other games too!

UpstreamNZ



Upstream has now raised \$150,000 for youth charities in Christchurch! You can help us by buying approved products and services for yourself or business through: www.upstream.co.nz

PCT Day



It was great to be a part of the Blue Light Police Competence Training Day with intermediate aged pupils from all over Canterbury. We ran 4 team building activities which were a blast.

YAT Wedding



We love a YAT wedding - we've had quite a few over the years!! Melissa came to YAT as a teenager and is now a fully qualified staff member. We were honoured to be at her wedding to Sam.



Parents & Pre-Schoolers - Free Resource

We're very proud of one of our Kids ReSync staff, who was recently named NZ's Best Children's Music Artist 2022 at the Aotearoa Music Awards!! We're so blessed to have such talent in our community - the children in the Kids ReSync programme don't know how lucky they are to get one-on-one sessions composing their own song with one of NZ's best!

Michal has also just released a free resource to help parents 'push pause' in the day and enjoy time connecting and playing with their child. Ten songs, along with simple activities have been co-designed with support from our counsellor Sandy, to be enjoyed anytime - even in the middle of mess & meltdowns. Visit: www.mindfulmusicmoments.co.nz

How can I help ? Email: office@yat.org.nz

- I'm keen to volunteer and would like to chat to someone about the different options. Email: volunteer@yat.org.nz
- I'll set up a bank payment to give \$.... per week/fortnight/month to become a 'Friend of YAT'. Acc: 117892-0066444-00
- I'm interested in discussing how my business can partner with you or Upstream. Email: office@yat.org.nz
- Please send me information about how to leave a legacy for eastside young people in my Will. Email: office@yat.org.nz
- Please keep me updated with YAT news, by signing me up to your newsletter. Email: office@yat.org.nz