

YOUTH alive trust

Serving New Brighton Since 1989

www.yat.org.nz

Autumn Newsletter 2024

grace
vineyard church



BEACH

Supporting Many Local Schools

Modern schools have become a place that provides much more than just curriculum education, as the wider needs of young people are exposed in the classrooms. We're honoured to be one of these extra support services, and our team work in most of our local schools each week. Our Mana Ake team supports pupils and whānau with wellbeing, positive mental health, grief, anxiety and emotional regulation. Two of our male youth workers go into Shirley Boys High School for mentoring sessions, Aro Āheinga group work, sports coaching and lunchtime activities under the 24-7 YouthWork model. At Rāwhiti School we provide a female youth worker, a counsellor and music lessons through Amplify, where we also work at Bromley School and Redwood School. Our counsellor also works at New Brighton Catholic where we also run Kids ReSync with St James Primary students. We host a winter Table Tennis competition for eastern schools, as well as school disco's, basketball trainings and end of year concerts. If we can add real value to a young person's school journey, it can change the trajectory of their lives...



Amaaaazing Parenting Courses

Our Mana Ake Team loooooove the Tuning in to Kids and Tuning in to Teens Parenting Courses! Some of the team have been running parenting courses for decades and they say this is the best material they've ever used! It gives parents knowledge, tools, confidence and techniques that every parent needs to raise these complicated mini humans! We run and host regular courses in person and online, both in the daytime and evening - for FREE!! Check out the Mana Ake social media for the latest courses or email us to find out more.

Tuning in to Kids  Tuning in to Teens 

Watch Us On
YouTube

facebook

Instagram

upstream

givealittle
community personal guardian



Recent Highlights...

Amplify at Duke



Amplify Bands recently performed by the Pier at the Duke Festival. The teens showcased their musical talents at the same time as the Skate Comp.

Holiday Programmes



Nearly 100 tamariki each day attended our April programmes with activities like mountain biking, cinema, a circus show and a trip to Quail Island/Otamahua.

Blue Light PCT



We ran team building activities as a part of the local Police Competence Training Day with intermediates from all around Canterbury.

UpstreamNZ



Upstream has now raised over \$300,000 for local youth charities. Can you or your business buy everyday products through Upstream to benefit YAT? Check out: www.upstream.co.nz

Surge

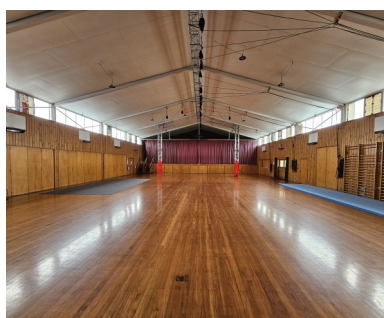


Surge is our Friday night club for any local teenagers. This terms activities included van rallies, sardines, game show night and a trip to Clip n Climb. Surge is FREE for anyone in High School

Parent Survey



We're keen to hear feedback, ideas and encouragements from Parents of young people who attend our programmes. Here's the short survey link: <https://forms.office.com/r/eaTAzgC4kU>



Roy Stokes Hall

Youth Alive Trust were honoured to be chosen as custodians of the Roy Stokes Hall in 2023. The hall is available for hire for community groups and community events. We aren't currently taking private one-off bookings such as parties, weddings or funerals, as our focus is on providing affordable regular spaces for community groups. The hall is currently used by the Christchurch Circus School, Dance Groups, Cross City Church and Arts Groups, but spaces are available especially during the daytime. More info at:

www.yat.org.nz/roystokes

How can I help ? Email: office@yat.org.nz

- I'm keen to volunteer and would like to chat to someone about the different options. Email: volunteer@yat.org.nz
- I'll set up a bank payment to give \$.... per week/fortnight/month to become a 'Friend of YAT'. Acc: 117892-0066444-00
- I'm interested in discussing how my business can partner with you or Upstream. Email: office@yat.org.nz
- Please send me information about how to leave a legacy for eastside young people in my Will. Email: office@yat.org.nz
- Please keep me updated with YAT news, by signing me up to your e-newsletter. Email: office@yat.org.nz