## WHO IS YOUTH ALIVE TRUST...

Youth Alive Trust is a Youth and Community Development Agency. Established in 1989 to serve young people in New Brighton and surrounding suburbs. We aim to support young people holistically, socially, emotionally, mentally and spiritually through our programmes. A small staff team, is supported by an army of volunteers who want to make their community a better place!



## WHY VOLUNTEER...

If you're looking for a new challenge or simply wanting to give back to your community, the Youth Alive Trust whānau is a great place to be. Our volunteers help to bring change in the East of our city as well as having a lasting impact in the lives of our children and young people.



# **HOW YOU CAN HELP...**

#### **WEEKLY PROGRAMMES**

By helping at our programmes you can support young people in our community through fun activities and by building relationships.

Our weekly after school and evening clubs include:

- Tamtāne (Years 1-6) Thurs 4pm-5:30pm
- Kōtirotiro (Years 1-6) Wed 4pm-5:30pm
- Kitchen Klub (Years 6-9) Mon 3:30-5pm
- Craft Club (Years 6-9) -Thurs 3:30-5pm
- Rock Solid (Years 7-8) Fri 4:30-6:30pm
- Surge (Years 9-13) Fri 7-9pm
- Basketball (Years 3-8)
- Seniors OSCAR (Years 5-8) Weekdays 3-6pm
- Holiday Programmes for Years 1-9 School holidays





### **COMMUNITY EVENTS**

Volunteer at events for the wider community such as,

I ♥ New Brighton, Family Fun Night & Dance Parties

#### **DRIVERS**

Be a call-on driver for one-off clubs when we're a driver short for outings - Full licence required (ideally for 2 years).

#### MENTORING

One-on-one mentoring with a young person. Someone to walk with them, listen, set goals, encourage and support.

#### **PARENTING & MUM'S GROUPS**

Supporting Mums & Tots groups, chatting, sorting, playing, drinking coffees - *Tues & Thurs 9:30–11:30am* 

#### **TRAINING & DEVELOPMENT**

If you have skills or knowledge that would benefit our other volunteers, contact us about the possibly helping with one of our training nights.

#### **ADMINISTRATORS**

Filing, data input, general office tasks to facilitate the Trust AND/OR helping with grant/funding applications.



If any of these sound like you or there is an area you would like to contribute to, please come and have a chat to our Volunteer Coordinator OR email volunteer@yat.org.nz

# YOUTH ALIVE TRUST VOLUNTEER TRAINING 2021

### TERM 3

Monday 2nd August

ALL IN: Term 3 Launch (MHERC - Wellbeing, 6-8:30pm)

Thursday 19th August THEORY(6-8pm)

Thursday 2nd September PRACTICAL (6-8pm)

Thursday 16th September WELL-BEING (6-8pm)

Thhursday 30th September VOLUNTEERS' SOCIAL (6-8pm)



## **TERM 4:**

Monday 25th October ALL IN: Term 4 Launch

Thursday 11th November THEORY/WELL-BEING (6-8pm)

Thursday 25th November PRACTICAL (6-8pm)

Thursday 9th December FEEDBACK NIGHT 2021 (6-8pm)

Saturday 18th December End of Year Celebrationn

