

Youthworkers in Rawhiti School

Mid Year Report 2017



Matt Barnes

8th year in FT Youthwork

Loves: Hunting, Fishing, Basketball, Food and the Outdoors

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Kelsi Henderson

Youthworker & Law Student

Loves: Baking, the Outdoors and trying new things

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PURPOSE & HISTORY

Youth work is the process of creating an environment where young people can engage in informal educational activities, support a young person's development and help them build healthy connections with family, peers, and their community. It encompasses role modelling, being accessible to young people and being around to help young people make good choices.

Our Youth workers have supported the communities of Central, North and Freeville Primary schools in various ways for many years. They have led a variety of programmes including boys clubs, girls groups, sports coaching, leadership programmes, mentoring, lunchtime support, helping with trips, camps and a general part of school life. We have continued this support in the merged Rawhiti Primary school, and have enjoyed settling into the new school, building relationships, and offering specialist support.



"The YAT workers are fabulous, they give our students massive support and have a hugely positive effect on our community" Andrew Redmond (Senior Teacher)

Programmes and Support

- Mentoring
- Girls & Boys Groups
- Leadership Development
- Classroom Support
- Sports Coaching
- Amplify School of Music
- Camp & Trips
- Art Programmes
- Break Time Support

SPORT

Both Matt and Kelsi are helping out with various sports over term 1 and 2. Over Term 1 Matt has been assisting Andrew to regularly take a group of Year 7/8 students out surfing on Friday afternoons. This has introduced many of them to a great sport that they all have great natural access to.

Kelsi, has been coaching a year 7/8 football team for winter sports on Friday afternoons., having played and coached for a number of years.

Matt, super keen on basketball, is helping Annabelle with coaching the Year 7/8 basketball team which play on a Tuesday afternoon at Cowles stadium. Matt has also been helping out with the hockey teams on a Friday afternoon.

Youth Alive also host Table Tennis for the Friday sport competition, cramming 8 tables into their gym.



YouthAlive TRUST
Building Brighter Futures with Young People in New Brighton since 1989

Grace Vineyard Beach Campus,

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COOKING

Throughout term two, Kelsi has been running a cooking group on Tuesday mornings. This cooking group was initiated in response to needs identified within Tangaroa, aiming to provide a positive incentive for attendance and class involvement, combined with an opportunity for positive relationship and encouragement while learning and developing practical skills. The cooking group has cooked for staff morning tea weekly, hoping to make a positive contribution to staff culture, as well as developing the young people's ability to look and think beyond themselves.

This group has run successfully, and involved plenty of learning - even with some less than perfect cooking outcomes. It has provided great opportunity for leadership, development and close interactions by and within the 6-8 young people who participated.



RESOLUTION GIRLS GROUP

In term one, Kelsi facilitated Resolution Girls with a group of seniors. They met on Friday afternoons to take the referred girls on a journey of self discovery, uniqueness & inner beauty. It's an opportunity to challenge ideas, getting the group to consider topics that affect them daily, in a new light, and empower them to take control of their choices, such as emotions, relationships and self care. The 8 week program ended with a challenging and inspiring afternoon of horse riding which saw many girls overcome fear and push their limits.



COMMUNITY ACTIVITIES



We see Rawhiti pupils in many of our community programmes, outside of school. Rock Solid attracts 30 - 40 intermediates most weeks from all local schools. Our Boys Clubs and Girls Clubs hosts the smaller children and our holiday programmes cater for all ages from 5 - 17 year olds. Our youthworkers are in New Brighton Library everyday after school and on weekends interacting with many Rawhiti students, and also organise big events popular with all

schools such as the annual Skate disco. We welcome staff to come down and join us if you ever want to see what these clubs and events are like.



MENTORING

Kelsi and Matt have one-on-one mentoring sessions with Year 7 & 8 pupils in school, that the senior teachers have referred for special attention. Sometimes it's done through an activity such as baking, or just sitting and chatting. It's a chance to encourage the positive things in them and work through

tough situations that they may be going through.



AMPLIFY MUSIC SCHOOL

Youth Alive Trust offers music lessons in the community, and last year, started offering music lessons at Rawhiti School. Josiah, Grace & Jordan now teach guitar, drums and piano 4 days a week and also run 2 Rock Bands who have done school and community performances this year.



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MAN SKILLS

The Man Skills programme is designed for Y 7/8 boys in the New Brighton area. It takes a group of 5 boys at a time and combines discussion, alongside practical skills to equip them for life as they head towards high school. This course covers both practical skills like knot tying and how to maintain your bike, as well as life skills such as what it means to be a man, and how to have positive relationships. The current group of boys are eager for their session each week and have thoroughly enjoyed the knot tying which they have kept practicing outside of the session also.



BOYS GROUP

Matt has been running a boys group with six Year 5/6 boys. It looks at various social skills such as good communication, and what helps make a good friendship through various practical activities. The combination of this creates an engaging program which builds trust, allows Matt to speak into the way they interact as a group and give personal reflection.



STRENGTHS EXPLORER

Strengths Explorer is the youth version of the Strengths Finder which identifies each participants top 3 emerging strengths from a list of 10 (as opposed to 34 for strengths finder). Over Term 1, Matt and Kelsi took all of the Year 7 students at Rawhiti through the Strengths Explorer test and then through a 3 week course to help them understand how they can best work from their areas of strength. For all of the Year 8 students we did a recap session to refresh them on how their strengths have developed over the last year and how they can still use their strengths

YEAR 6 CAMP

Matt went along on camp with the Year 6's to Waipara nearing the end of Term 1. As youth workers we love getting to help out with these extra trips and events as it is a win-win situation for both us and the school. School gets a extra qualified pair of hands, and we get to have great relational experiences where we get to meet students we haven't met before as well as building our relationships with those that we are already working alongside.



YOUTHWORKERS GENERAL HOURS IN SCHOOL

Matt

Wednesday 8am - 2pm, Man Skills,
Mentoring, Break support and
Basketball Coaching
Thursday 12 - 2pm, Y 5/6 Boys
Group, Break support
Friday 12 - 3pm, Friday Sports

Kelsi

Tuesday 9 - 1pm
Cooking group, Break support
and Mentoring
Friday 11- 3pm
Mentoring, Break support and
Sports