

Support YAT by using
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Who is Youth Alive Trust?

DISC GOLF



If you'd like to register for Disc Golf Club please complete the online database for clubs (*if you've already used the database for other programmes use the same login*) yatclubs.aimyplus.com and then make a booking for Disc Golf. Numbers are limited due to vans and staffing ratio's.

Youth Alive Trust was established in 1989 to support young people in New Brighton and surrounding suburbs. We aim to support young people holistically - socially, emotionally, mentally and spiritually through our programmes, our staff and volunteers.

- 1. Weekly Clubs** Our weekly clubs include: Boys Club (Years 1 - 6), Girls Club (Years 1 - 6), Basketball (Years 3- 6), Kitchen Klub (Years 6 - 9), Craft Club (Years 6 - 9), Rock Solid (Years 7 - 8) and Surge (Years 9 - 13).
- 2. School Youth Workers** Supporting the students in class, at lunchtimes, and through extra curricula activities at Rawhiti Primary School and Shirley Boys High School.
- 3. Holiday Programmes and OSCAR** We run three different holiday programmes, Years 1 - 4, 5 - 9 and Breakaway for Years 9 - 13. Senior OSCAR runs everyday after school for Years 5-8.
- 4. Camps** We take youth on overnight and weekends away throughout the year, such as Easter Camp, Summer Camp, Father Son Camp and Mother Daughter Days.
- 5. One to One** Counselling and Mentoring one-on-one with young people for relational support, goal setting and a lot of encouragement.
- 6. Mana Ake** Wellbeing and mental health support workers in local primary schools, for children and whanau.
- 7. Community Events** Large community events such as the Sk8 Disco, I Love Brighton, EPIC Dance Parties and our Family Fun Night.
- 8. Parenting and Pre-school** Programmes and partnerships such as - Breast-Feeding Drop In, Beach Tots Playgroups, Parenting Toolbox Courses and Parenting Seminars, Babysitting for Teens Training.
- 9. Amplify School of Music**, Lessons and Youth Bands, and music recording in our purpose build music rooms.
- 10. Volunteer Training and Support** We recruit, train and encourage volunteers to work in their community, on events and programmes. We also host interns.



Years 9 - 13

Tuesday afternoons
of the school term

3:30-5:30pm



Based @ Grace Vineyard Beach Campus
111 Seaview Road, New Brighton, Christchurch

☎ 03 388 1001

email: rego@yat.org.nz

www.yat.org.nz

Enrol/book <https://yatclubs.aimyplus.com>



2022/23 Programme Info

YEARS 9 - 13

When: Tuesdays 3:30 - 5:30pm

Cost: Free - supported by 

Places available: 10 per term max

What: We want to introduce this up and coming sport to young people of all abilities. We'll teach you some techniques, take you to all the courses in Christchurch, get some exercise and make some friends at the same time!



Who's Running it?

Finn Palmer is a youthworker at Youth Alive Trust studying for a youth work qualification with Praxis. He is passionate about seeing young people getting into disc golf in their community, enjoying the outdoors and learning a skill for life. He's supported by Jayden Wall, our senior youthworker, who loves to connect with young people over a sport he loves.

The Courses

The East of Christchurch is becoming the home of Disc Golf in the South Island with already 3 courses and a possible 4th on the way



1. Queenspark Reserve
2. Brooker Ave
3. Ascot
4. Jellie Park
5. Warren Park



Meet at Youth Alive Trust at 3:30pm and we'll drive you in our vans to one of the above courses, and have you back at Youth Alive Trust by 5:30pm (unless we arrange a one-off longer session, and we'll let you know in advance). We will lend you Disc's each week.

To try a session contact us at finn.palmer@yat.org.nz or 03 388 1001 to ensure there is space on the day.

2022/2023 Dates

Term 4: 18th October - 13th December 2022

Term 1: 14th February - 4th April 2023

All Sessions will be adapted to best suit the abilities of participants where possible.

