# WHO IS YOUTH ALIVE?

Youth Alive Trust was established in 1989 to support young people in New Brighton and surrounding suburbs. We aim to support young people holistically; socially, emotionally, mentally and spiritually through our programmes, our staff and volunteers.

To learn more about who we are and what we do, check out our website!

https://www.yat.org.nz

Grace Vineyard Beach Campus 111 Seaview Road, New Brighton, Christchurch

# **OUR PROGRAMMES**

- 1. Weekly Clubs
- 2. School Youth Workers
- 3. Holiday Programmes & OSCAR
- 4. Camps
- 5. Counselling and Mentoring
- 6. Mana Ake
- 7. Community Events
- 8. Parenting and Pre-school Programmes
- 9. Amplify School of Music
- 10. Volunteer Training and Support









# DISC GOLF



WEDNESDAYS 3:30pm-5:30pm













# WHAT

We want to introduce this up and coming sport to young people of all abilities. We'll teach you some techniques, take you to all the courses in Christchurch, get some exercise and make some friends at the same time!

We will lend you some discs for the duration of the programme which have been purchased from RPM Discs! A New Zealand disc golf company. If keen ton continue playing, we will sell you the discs at a reduced rate so you can play outside of club time too.

# WHEN & WHERE

Disc Golf Club runs on Wednesdays 3:30pm - 5:30pm

Meet at Youth Alive Trust at 3:30pm and we'll drive you in our vans to one of the above courses, and have you back at Youth Alive Trust by 5:30pm (unless we arrange a one-off longer session, and we'll let you know in advance).

Entry through 111 Seaview Road or 68 Beresford Street.

Our offices and programs are based at Grace Vineyard Beach Campus,

#### COST

There is no cost to this! This programme is supported by Sport Canterbury's Tū Manawa Active Aotearoa Fund.



# REGISTRATION

You can register at https://yatclubs.aimyplus.com

If you have booked before, use your same email address and password to log-in. If you've not registered for YAT programmes before, click 'New Parent', then complete your profile before making a booking.

There are only 10 places per term.





**JAYDEN WALL** 

#### **FINN PALMER**



# **2023 TERM DATES**

Term 1: 15 February - 5 April

Term 4: TBC

### THE COURSES

The East of Christchurch is becoming the home of Disc Golf in the South Island with 3 courses already and a possible 4th on the way! We will aim to play at our local courses and maybe drive a little further if we get the chance:

- 1. Queenspark Reserve
- 2. Brooker Ave
- 3. Ascot
- 4. Jellie Park
- 5. Warren Park

Finn Palmer is a youthworker at Youth Alive Trust studying for a youth work qualification with Praxis. He is passionate about seeing young people getting into disc golf in their community, enjoying the outdoors and learning a skill for life. He's supported by Jayden Wall, our senior youthworker, who loves to connect with young people over a sport he loves.