

BREAKAWAY PROGRAMME

January 2014



overview of the week

The leaders and young people involved in this Breakaway programme all had a really great week. We were able to cram a lot of fun filled activities into our programme which both at times challenged the youth while also empowering them. By the end of the week new friendships had been formed, fears had been conquered and many awesome memories had been made.

Tuesday 14th:

To start the breakaway week off we went off to the movies. The young people had the choice of either going to see the movie 'Frozen' or 'The secret life of Walter Mitty'. They loved that they got to choose which one they went to and it ended up that there were a good portion of youth keen to see each of the movies. After the Movies we took them to the park where we had a really good run around for about an hour and a half. Some played football, others played hacky and some enjoyed climbing around on the playground. After the park we went back to our home base where we played a very active name game in which the kids had to act out an action starting with their first letter of their name.

Wednesday 15th:

Today we went to Cass Bay for Kayaking and Coasteering and to have a swim. The day turned out to be beautiful, so all the young people were keen to give everything a go. The youth were split into three groups and were able to rotate around each activity available, with the support of Adventure Specialties. It was really great to see the youth bonding with each other a bit more today. The kayaking and Coasteering required the young people and leaders to help each other out and work together as a team which was really great to see. It was a real nice to see youth who mostly didn't know each other before the week now laughing, swimming and working together.

Thursday 16th:

We had a sports tournament with Youth Town today so we started our programme a couple of hours early. We left our home base at 10:30am to head to Cowles Stadium to kick off the tournament. We broke the youth into three different teams and then sent off to play one of four sports. The sports options were; Basketball, Netball, Soccer and Touch. Although our yat teams didn't win many of the games, the young people got involved and

had fun. It was great seeing them interacting with the Youth Town young people and leaders also. It was a very hot day so the youth did really well to play in the heat. After a morning of sports we had a BBQ lunch together with the Youth Town crew. After lunch we leaders decided that it was too hot to carry on with the tournament so headed to the beach for a swim instead. The young people really loved going for a big group swim together and we finished the day with ice creams all round.

Friday 17th:

This day was a great way of finishing up a really good week of Breakaway. We headed off to Cave Stream which is about an hour and a half drive from Christchurch. A lot of the youth hadn't done Cave Stream before so they were both nervous and excited about giving it a go. We had to make sure the youth were in the right gear to keep them warm because the water is very cold! Some youth found it challenging while others were in their element. It was a good team bonding activity because you have to work together and help each other through some of the more difficult parts. Our young people and leaders all managed to complete Cave Stream and there was a real sense of accomplishment in the air on completion. Those who didn't think they could do it were really proud of themselves and we were able to celebrate our achievement as a team, which was a great way to finish the week.

Evaluations done by youth participants – 25 completed on final day

For our survey we asked the following questions (1= poor, 5= Amazing!)

- **Did you enjoy Surge Breakaway? (out of 5)**

The average was 4.8 out of 5

- **How were the activities? (out of 5)**

The average was 4.6 out of 5

- **Did you learn new skills on this programme?**

80% of Youth said 'Yes'

- **If you answered yes to question 3 what did you learn?**

How to do cave stream

How to conquer my fears

Trust

Fun
Stuff/ lots of things

- **Would you go to Surge Breakaway again?**

100% answered 'YES'.

- **How well did the leaders perform? (out of 5)**

The average was 5 out of 5

- **What Ethnicity are you?**

86% answered 'European pakeha'

8% answered 'Other'

6% answered 'Maori'

- **Any comments, suggestions or compliments?**

"Thank you for an amazing time"

"It was so great"

"All of breakaway was Awesome!"

"Can we do air soft?"

"Amazing"

"Very cool best time of the holidays for me"

"Keep up the good work! Can't wait till next time."

"It was mean"

"Thanks for all the effort you put into this breakaway."

Number of Youth on Programme	
	44

