



**Youth Alive Trust**

# *Annual Report 2009*

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## **Chairman's Report November 14, 2009**

In 1989 with the reaction from a newspaper cutting which talked about some of the problems in the New Brighton area, Youth Alive Trust was formed. Twenty Years on we are still going strong. Back then the first community youth worker was Andrew Hill who is now still with us as one of the trustees.

We have had a great year which would not have been possible without the amazing staff that went beyond the call of duty to run the many events which touched literally hundreds of young people from the community . Liz Baynes had to take the reins from James Ridpath who took the year off to travel back to England. Liz has been incredible and done such a good job of keeping the programmes running that we will be seeking funding to keep her with us when James returns next January.

The challenges of the year from the continued financial crisis which limited our growth to the influenza scare were no match for the innovative staff which made the dollar go further.

Some of the highlights of the combined efforts of Seaview Christian Centre and Youth Alive Trust include;

Family Fun Night: This year's combined effort of the Seaview deaf community, and hearing church along with YAT turned out to again be even bigger than the previous year, with about 700 people from the community turning up with their children. It was a great safe, alternative to sending the children out on the streets 'trick or treating', and included lots of games, a bouncy castle, magician, balloons and of course lollies.

The year was also full with YAT standard programmes and activities which include the Safer Streets Programme: Cheeky Monkeys, Wave, Rock Solid, Sodium. Other important activities are the in schools work, with youth workers at Aranui High School, Central New Brighton. YAT has also run Holiday programmes along with camps and retreats for the volunteer staff training.

I wish to say a great big thank you to the staff and volunteers who have committed to next year, I'm sure that it will be exciting and fulfilling.

Ka Kite

Scott Pickering

Chairman of the Trustees



# ***What DO We DO?***

*Youth Alive Trust* was established in 1989 to meet the needs of children and young people in Brighton and surrounding suburbs. We aim to support young people holistically; socially, emotionally, mentally and spiritually through our programmes and our dedicated staff and volunteers. This project has grown and adapted to meet changing community needs and currently we do this through 7 different areas;

**1) Safer Streets Programmes.** These are all our after school and evening programmes, ran by many volunteers and staff. Including **Cheeky Little Monkeys** (weekly club for Years 1 - 4), **WAVE** (weekly club for Years 5 & 6), **Rock Solid** (weekly club for Year 7 & 8) and **Sodium Youth Café** (weekly social Café for Years 9-13 with regular Live Bands).

**2) In-School Programmes.** Supporting the students in their classrooms, at lunchtimes, and through extra curricula activities. Offering mentoring, one on one support, sports coaching, lunchtime activities and being positive role models. Our key schools are in Central New Brighton and Aranui High Schools.

**3) Holiday Programmes.** These fun filled programmes run 4 times a year for two different age categories, 5 – 9's and 9 – 12's, for one week in every school holidays. These are CYF's approved and we are contracted to the MSD.

**4) Camps.** We also take teenagers on trips, camps and weekends away throughout the year, Rock Solid Camp, Sodium Camps and sleep-overs.

**5) Library Support.** We have a contract with Christchurch City Council to place youth leaders in New Brighton Library 7 days a week from 3-6pm.

**6) Community Events.** We support Christchurch City Council events such as the Beach Blasts, Skate Jam and other youth initiatives. We organise an annual Family Fun Night and also host dance groups and bands, such as Y-ONE.

**7) Youth Leader training and Support.** Attracting and training volunteers to work in their community. Placing them on different Safer Street Projects and organising training events throughout the year. We also host Praxis students, offering them experience, support and a structure for their practical work.



# Youth Alive Trust This Year...

Youth Alive Trust wishes to thank the following people. Without their hard work, faithfulness, dedication, commitment and servant heart, these programmes would not have been possible!



## **YAT Staff 2009**

**From left: Lorraine Harris, Dave Crooks, Liz Baynes, Sophie McKenzie, Josh Haythornthwaite, Ben Hughes and James Ridpath.**

### **Cheeky Little Monkeys**

**Lorraine Harris**

Gwenda Cripps

Liz Baynes

Kerry Knipe

Esther Pickering

Erin Blackwood

Colby Jones

David Sinclair

Glennis Kotara

Sam Thomson

### **WAVE**

**Dave Crooks**

Liz Baynes

Robert Hart

Sam Thomson

Eloise Wookey

David Sinclair

Claire Cripps

### **Library Youthworkers**

Abiel Dayo

Fiona Thomson

Ben Ellis

### **Sodium Youth Café**

**Ben Hughes**

Steflin Hanekan

Elliot Skinner

Matt Tonkin

Trudy Weaver

Lucy Morton

Claire Cripps

Mandy Hart

Jess Brown

Gregg Brown

Rob Hart

Dzifa Dake

Kirsten Clement

### **Rock Solid**

**Joshua Haythornthwaite**

Liz Baynes

Thomas Lochrie

Haley Grant

Sam Haythornthwaite

Mandy Hart

Ryan Cameron

Connor Watson

Jeremy Shute

Dzifa Dake

David Sinclair

### **5-9's Holiday Programmes**

**Chrissy Daly**

**Joshua Haythornthwaite**

**Liz Baynes**

Cameron Trow

Tamara Clemett

Esther Pickering (junior leader)

Georgia Dickson (junior leader)

Kieran Fitzgerald (junior leader)

### **9-12's Holiday Programme**

**Tom Lochrie**

Jessie Mortimer

Jessica Brown

Brooke Money

Trudy Weaver

Sam Thomson (junior leader)

Connor Watson (junior leader)

Rachel Haythornthwaite (junior leader)

### **Trustees**

Scott Pickering (Chairman)

Andrew Hill (Treasurer)

Linda Hampton (Secretary)

John Grant (Business Advisor)

# What is youthwork?

Youthwork can be misunderstood by society. New Zealand Ministry of Youth Development have released a strategy encompassing all youthwork. The Youth Development Strategy Aotearoa (YDSA) consists of a vision, principles, aims and goals, and also suggests actions that can be taken to support the positive development of young people.



## The Vision

A country where young people are vibrant and optimistic through being supported and encouraged to take up challenges.

## The Principles

The principles of youth development outline what the youth development approach is all about. They can be used as a checklist and a tool for developing youth policies and programmes and in working alongside young people.

The principles are as follows:

### 1. YOUTH DEVELOPMENT IS SHAPED BY THE 'BIG PICTURE'

By the 'big picture' we mean: the values and belief systems; the social, cultural, economic contexts and trends; the Treaty of Waitangi and international obligations such as the United Nations Convention on the Rights of the Child.

### 2. YOUTH DEVELOPMENT IS ABOUT YOUNG PEOPLE BEING CONNECTED

Healthy development depends on young people having positive connections with others in society. This includes their family and whānau, their community, their school, training institution or workplace and their peers.

### 3. YOUTH DEVELOPMENT IS BASED ON CONSISTENT STRENGTHS-BASED APPROACH

There are risk factors that can affect the healthy development of young people and there are also factors that are protective. 'Strengths-based' policies and programmes will build on young people's capacity to resist risk factors and enhance the protective factors in their lives.

### 4. YOUTH DEVELOPMENT HAPPENS THROUGH QUALITY RELATIONSHIPS

It is important that everyone is supported and equipped to have successful, quality relationships with young people.

### 5. YOUTH DEVELOPMENT IS TRIGGERED WHEN YOUNG PEOPLE FULLY PARTICIPATE

Young people need to be given opportunities to have greater control over what happens to them, through seeking their advice, participation and engagement.

### 6. YOUTH DEVELOPMENT NEEDS GOOD INFORMATION

Effective research, evaluation, and information gathering and sharing is crucial.

Together, these six principles can help young people to gain a:

- sense of contributing something of value to society
- feeling of connectedness to others and to society
- belief that they have choices about their future
- feeling of being positive and comfortable with their own identity.

# Networks 2009



Youth Alive Trust is a member of the Canterbury Youth Workers Collective. We abide by their Code of Ethics, all our staff are individual members and we attend appropriate training throughout the year.

## **OSCAR Network in Christchurch (Inc.)**

*tiakina o tatou tamariki*



Our Holiday Programmes are a part of the Oscar Network in Christchurch. We attend local support meeting, obtain advice, get ideas from newsletters and attend training when appropriate.



We send trainee youthworkers to complete the Praxis course, and team with them on the progression of the staff member. James is also on the local TAG board.



We join with and support local Christchurch City Events by sending our staff and volunteers to events such as the Beach Blasts & the Skate Jam.



We have a contract with Christchurch City Libraries to supply paid Youth Leaders 7 days a week including the school holidays in New Brighton Library.

**canterbury youth services**

We are a part of the Canterbury Youth Services network and attend training, camps and meetings with other members.



We are registered with the Charities Commission of New Zealand, as advised by the IRD, grant making bodies and the government.



We are part of the 24-7 network. We have 2 Youthworkers in Aranui High School who are supported with Training and meetings where other 24-7 Youthworkers meet to encourage and support one another.



## Cheeky little monkeys

### Years 1-4

2009 started with 40 children on the roll up from the 13 children at the end of 2008. The number of children attending regularly now sits around 30-36. We have consistently had 7-8 leaders in the group. 3 left around midyear leaving a gap filled by Liz, Dave, Kerri, and of late Rachel Sangster and Glenys. The larger group immediately impacted on the dynamics of how the sessions needed to be run as opposed to the small group we had had previously. This led to issues we had to address on several levels. These included getting 30+ children from Central New Brighton School over to Seaview in a controlled way with 3 leaders, how to fit everything in to an hour and a half, the best way to manage the different components of our programmes, matters of dealing with behavioural problems and also running a team of leaders. It is fair to say that the year to date has been a learning curve for us all.

What has been wonderful to see is the enthusiasm of the children to attend each week and the many encouraging comments from parents and caregivers about Cheeky Monkeys. Most parents acknowledge us as more than just another after school programme where their children are merely looked after. They see us as a special place with a special heart. Many parents appreciate the value of the positive messages we bring through Cheeky Monkeys into their children's lives. Some of the children have older siblings who have either been through Cheeky Little Monkeys or go to older Youth Alive Trust groups and the parents want the same for their younger ones.

To me that is the reward of doing what we do – that families in the New Brighton Community know what we stand for and feel connected, welcome and that we care about their children.

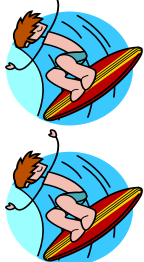
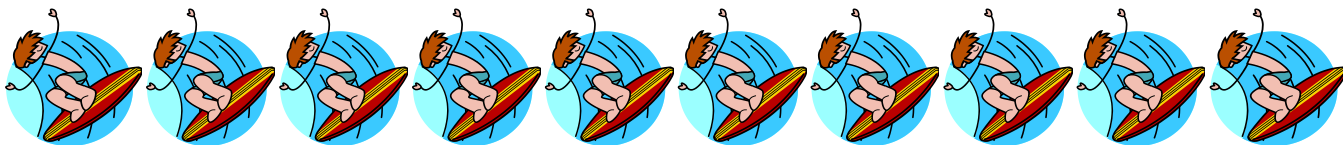
It has also been encouraging to see some of the younger leaders become more confident and grow in their roles as leaders and I hope they feel encouraged to go further as many before them have.

I have also been supported by fantastic Adult leaders who can do what needs doing without prompting from me. Without these dedicated people and our supporters and funders, trustees CLM would not exist.

With thanks and blessings,

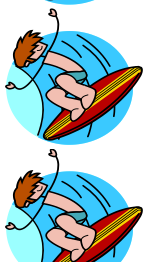
Lorraine Harris



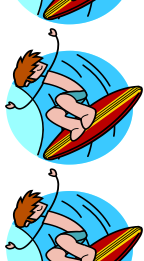


# WAVE

Years 5-6



2009 has been a good year for Wave. We started things off in term one with a boost in numbers from last year. We are averaging 25 young people a week which is great.



Some of the stuff we have been up to are; Pimp My Go Cart, this was followed by some intense races, Ice Skating in the Ice Dome in Cathedral Square, Caddy Shack City which we had all to ourselves, Dessert Making, Flouro Party, BBQ Pool Party



I've been doing Wave for over a year now and feeling a lot more comfortable with the role. I actually took a bit of time off for half of Term 3 as my wife and I had a new arrival into our family. Josh and Liz took the reigns over this time for which I want to offer up a huge thanks.



I've got a perfect bunch of leaders this year. We needed an extra girl in our team and Eloise Wookey came on board into a junior leadership role. Eloise has been going to Rock Solid as a young person and she also has attended our Holiday Programmes for many years. It is great to see her stepping up and getting alongside the young girls at club.

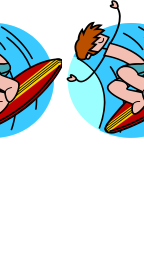
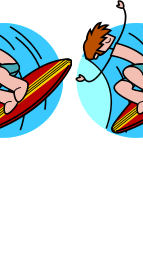
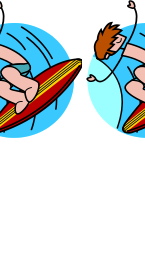
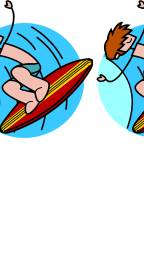


As times are tough for many families at the moment it is so great that we offer a safe place where we can be a good influence in some of the local children's lives. We want Wave to be a positive place where these children have fun stuff to do, positive stuff to learn and grow from, good mates to hang out with and positive role models to look up to.



Thank you funders and supporters for all you do in helping this to happen.

Dave Crooks  
(Wave Co-ordinator)



# Rock Solid

Years 7-8

2009 has been an amazing year at Rock Solid. It was great to spend another year with our year 7 youth from 2008, as well as meet some new young people this year.

As coordinator, I have felt greatly supported by my team of leaders, who have dedicated their time and energy to this programme. I leave Rock Solid this year greatly inspired by the level of commitment of the leaders.

Reflecting on 2009 so far, there have been many tests and trials along the way, however these are greatly outweighed by the good things that the year has brought.

The annual Rock Solid camp was a huge highlight, and the mix of in-house events and outings saw that no one went bored. Usage of close facilities such as the local stone carving workshop as well as other places and activities in the New Brighton general area has instilled a sense of community in what we are doing. Along with all this we have had outings such as Ten Pin Bowling and Clip and Climb which have been good times of relationship building.

As I am concluding my fifth and final year in Rock Solid, I wish to thank those who have supported and encouraged me throughout this journey. I also wish to recognise those who have helped with funding and donations, as a club like this would simply not be possible without your support.

Special thanks go to James Ridpath and Liz Baynes for their support, Matt Swaney for recruiting me into Rock Solid 5 years ago, and to all those who have supported me as both a leader and a volunteer.

*Joshua Haythornthwaite (Leader)*





# Sodium Youth Cafe 2009



## Sodium Youth Cafe 2009

Sodium is a Youth Cafe that ran at 111 Seaview Rd during terms 2 and 3. It is a hangout for 13 – 18 year old teenagers from the New Brighton and Aranui area. Sodium Youth Cafe generally consisted of nights where young people could come down and play pool, Foosball, Play station, Singstar, Table Tennis, Basketball, board games or watch a movie. The aim of the Cafe was to provide local teenagers with a place where they can hang out, without the influence of cigarettes, drugs and alcohol. It is also safe place where young people can be encouraged and supported by trained youth workers. Some highlights for the cafe were the bands nights, where we had up and coming local bands come in and perform. We ran a couple of dance parties this year and had over 400 people attend our Blue light disco at the end of term 2, which was amazing!

## Sodium Excursions

Term 4 2009 saw the beginning of a new initiative called “Sodium Excursions”. The idea behind Sodium Excursions was to a) Take advantage of Day light saving and Summer b) Connect with students consistently each week (by picking them up) and c) Subsidise them to do activities they hadn’t experienced before. We have had a group of 12 or so Aranui High students come along to the first 5 weeks of of Sodium Excursions and it has been a real success. Most students have come for at least 4 of the 5 weeks and there has been a high demand of students wanting to join this programme. We have done activities such as a Car rally, Tenpin Bowling, Hydro sliding and Water Balloon battle in South Brighton Domain. The term 4 programme will conclude in early December with an outdoor camp on Banks Peninsula. The Sodium Excursion programme has proved to be really popular and we would love to develop this programme further next year.



# Sodium



Ben Hughes and Sophie Mckenzie are doing 24-7 Youthwork in Aranui High School under the banner SODIUM.



## Aranui High School

This year has been a fresh start for Youthwork in Aranui High school. We didn't take long to get involved in the school however, as the peer support programme allowed us to meet all the year 9 students early on. We proceeded to run a touch tournament at lunch time, followed by soccer coaching and a basketball tournament in terms 2 and 3. We also ran a hugely successful drop in room at lunch times that brought in 30 - 40 students each Thursday. We both mentored students throughout the year at Aranui and this has been a key part of our work at the school. The international BBQ and class daytrips were also things that we have been a part of this year. We look forward to building on the good work done in establishing relationships in Aranui this year.



## Central New Brighton School

This year we had our training Youthworker David Sinclair in Central New Brighton School. He was pretty much fresh off the plane from the UK when he was flung into their school camp which meant David got to know the children and staff really well straight away.



This was great as Dave has gone on to be providing lunch time support for the school, running games and activities at lunch times twice a week.

Many of the children from Central New Brighton School come to Youth Alives programmes and this is a great way for Dave to catch up with them at lunch time to hear how things are going for them and to let them know what is happening this week.



# Holiday Programmes

## 5-9's & 9-12's

Our vision for running Holiday Programmes at Youth Alive Trust is to give the children of the New Brighton community a fun safe holiday option and allowing parents who work or study a quality, affordable childcare option. It also gives us a chance to introduce families to other programmes we offer and also train and build up our junior leaders for the future.

2009 saw another 8 successful Holiday Programmes (*January, April, July, September*). Both of our programmes the 5-9's and 9-12's which cater for up to 24 children each were completely booked up in every holiday - with a waiting list which stretched back over 1 year!

All our staff come from other area's of Youth Alive Trust, and we also use some of our up and up coming high school aged leaders in junior roles. This gives us a great chance to develop leadership in our young people who get to work alongside some of the best holiday programme leaders in the city! Thanks to our MSD Contract and Christchurch City Council grants all our staff are now paid a wage and we can offer quality activities at affordable prices!

### Junior Programme: 5-9's

The 5-9's programme welcomed a few new young ones into the group in 2009 while welcoming back a lot of the children from last years programme. Some of the highlights in 2009 for the younger group were -

*A trip to Ferrymead, the Antarctic Centre, Living Springs (with its awesome water slide), Making their own Robot friend at Creative Junk and heading out to Stuarts Gully for minigolf and crazy bike fun.*



### Senior Programme: 9-12's

We are sad to be loosing a number of our older children from the 9-12s programme as they are starting High School in 2010. The good news is that they are making way for a whole heap of 9 year olds absolutely bursting to get into the more challenging activities found in the older programme.

Some of the highlights in the older group this year were - *Ten Pin Bowling, Try Dive, Sailing, Mini Golf, Movies, Science Alive and day trips to Hanmer Springs and Living Springs.*



# Library Support



In 2009 our involvement at New Brighton Library has developed to the point where we have a Youthworker being a presence in New Brighton Library 7 days a week.



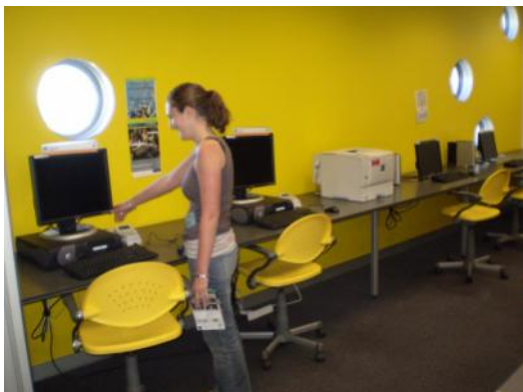
We have said goodbye to some of our longstanding Youthworkers. Deborah Porter, who is now working full time for Pillars, Gemma Creek is doing full time Youthwork and Jared Lucas who has found other full time employment.

They have been replaced with quality however with Abiel Dayo, Fiona Thomsen and Ben Ellis now on staff.



Youth Alive is all about supporting the Community, and although this is on someone else's turf so to speak, our workers come with the same principles and practices that are held in all areas of Youth Alive .

Their work is very positively received by Library staff as they interact with the young people, defuse conflict situations, organise and distribute the games in the Pipeline, monitor the computer room and even take time to play games with kids who have been 'dropped off' by parents.



Our Youthworkers are at the library daily between 3 and 6 during term time and 12 and 3 during the school holidays.

# Community Events

## Beach Blasts

We began the year by sending our leaders to help two Beach Blasts ran by the Christchurch City Council in North and South Brighton. We sent 6-8 leaders each weekend to help run the events. This involved helping to set-up, pack down, run games such as touch rugby and pentanque, sand model competitions, Frisbee targets, completing participants surveys and the face painting. A great start to the year and a great chance to support our community.



## Skate Jam

In March we joined with the Christchurch City Council again to run the annual Skate Jam in Thomson Park, North New Brighton. It was a scorching day and hundreds of youth and families joined in the skating, watched demo's, dance groups and ate free sausages. Our key responsibilities were hiring the skates, crowd control, survey completions and the clean-up.

## Family Fun Night '09

Around 700 people attended our fourth annual Family Fun Night on the night of Halloween and were treated to a huge variety of games, activities and treats! For only a Gold Coin Door



entry, all the activities were free with opportunities to win heaps of prizes, such as the Stringy Apple Game, Pea Shooting, a Basketball shoot-out and Play Your Cards Right. Aside from the games,

there were also a bouncy castle, an

arcade room with things like 4 player Guitar Hero, jewellery and bead making, face painting, café, BBQ, Candyfloss and well known Christchurch magician Jonny Magic. Over 40 volunteers helped staff the event. Many commented how awesome the event was and how pleased they were to bring their children to a safe, fun alternative to trick or treating.



Big thanks to our sponsors for helping this event to happen, Christchurch City Council, Funky Pumpkin and Couplands Bakeries.



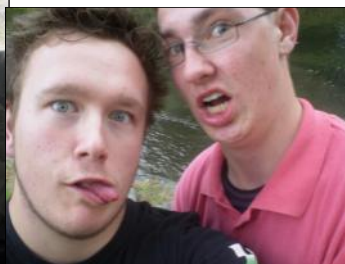
# Our Leaders

The glue of Youth Alive Trust is our enthusiastic, energetic, passionate, faithful, dedicated, servant hearted leaders! Nearly all are volunteers, who give of their time, energy, resources and often money to the children and young people of the community! We value them highly and believe in treasuring them and treating them as our most precious resource! Throughout 2009 we have had around 50 volunteers and staff on all our programmes!

Throughout the year, volunteers and staff are trained 'on site' by other more experienced Youthworkers. This has been in areas like Positive Programming, Behaviour Management and Child Protection. There are also specialised training events throughout the year such as leaders retreats, which have elements of social, bonding, envisioning and planning for the year.

We sent 10 of our up and coming young leaders to 'Emerge' which is a camp primarily looking to develop and encourage young youth leaders from all over the South Island. They are taught on issues such as youth culture, self care and being an effective leader.

As usual we end the year with a celebratory meal and reflection of the year just gone. These are valuable times to excite our team about next year and reward all the hard work people generously gave for free!





# **Budget 2010**

## **Youthworker Wages**

Team Leader: Community Youth Worker (f/t)	\$41,000
Community Youth Worker (2 days)	\$15,200
High Schools Youth Worker & 24/7 (2 days)	\$15,000
24/7 Youthworker Salary (10 hours)	\$6,500
Intermediates Youth Worker (1 day)	<i>Volunteer</i>
One Praxis Student (Fees & Expenses)	<u>\$5,000</u>
	<b>\$82,700</b>

## **Weekly Safer Streets Programme Costs & Expenses**

Sodium Youth Café (Years 9-13)	\$4,000
Rock Solid (Years 7-8)	\$4,000
WAVE (Years 5-6)	\$4,000
Cheeky Little Monkeys (Years 1-4)	<u>\$2,800</u>
	<b>\$14,800</b>

## **Holiday Programme Costs & Wages**

Junior Programme 5 – 9's	\$18,151
Senior Programme 9 – 12's	\$18,151
Coordinators Salary (2 days)	<u>\$15,200</u>
	<b>\$51,502</b>

## **Camps**

Sodium BaseCamp (Years 9-13)	\$2,150
Rock Solid 40 Hour Famine Camp	\$525
Rock Solid Regional Camp	\$2,450
X-Tend Leadership Camp (young leaders)	<u>\$915</u>
	<b>\$6,040</b>

## **New Brighton Library**

Christchurch City Council Contract	<b>\$20,202</b>
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## **Schools Work Programme Costs** **\$1,000**

## **Family Fun Night** **\$1,400**

## **Training**

Staff Training Resources, Events & Camps	\$2,000
Volunteers Training Events	\$800
Supervision & Mentoring	\$500
Volunteer EOY Celebration	<u>\$1,000</u>
	<b>\$4,300</b>

## **Office & Admin**

Koha/Guests	\$500
Printing & Office costs	\$1,500
24/7 Levies	\$2,981
Financial Administrator Wages	\$4,500
Audit Prep & Fees	\$1,000
Marketing & Publicity	\$1,500
Vehicle costs	<u>\$4,000</u>
	<b>\$15,981</b>

## **Equipment**

Computer Upgrades	\$4,000
New Minivan	\$13,000
Video Projector	\$2,000
Misc Equipment, eg: sports, cameras	<u>\$1,000</u>
	<b>\$20,000</b>

## **Building Lease**

**\$5,200**

\*All building & insurance liabilities transferred to Grace Vineyard Church

<b>TOTAL</b>	<b>\$223,125</b>
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# Funders

Without the generous and consistent support of donors and grant making bodies, the work of Youth Alive Trust would not be possible. Therefore we would like to say a massive special thanks to:

- Christchurch City Council
- Ministry of Social Development (MSD)
- Canterbury Community Trust
- Community Organisation Grants Scheme (COGS)
- Grace Vineyard Church Seaview Campus
- Eureka Trust
- NZ Lottery Grants Board
- Springhill Trust
- ANZ Staff Foundation
- J R McKenzie Trust
- Blogg Charitable Trust
- NZ Community Post
- Mainland Foundation

