

Youthworkers in School Term 1 & 2 Report 2015

**South New
Brighton
School**



YOUTH ALIVE TRUST'S PRIMARY SCHOOL YOUTHWORKERS

Matt Barnes

6th year in
Youthwork

Loves: Fishing,
Basketball, Food
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Amber Paterson

5th year in
Youthwork

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PURPOSE & HISTORY

Youthwork is the process of creating an environment where young people can engage in informal educational activities, support a young person's development and help them build healthy connections with family, peers, and their community. It encompasses role modelling, being accessible to young people and being around to help young people make good choices.

Youthworkers have supported **South New Brighton School** for many years. They have led a variety of programmes including boys clubs, girls groups, sports coaching, leadership programmes, mentoring, lunchtime support, helping with trips, camps and a general part of school life. Here's some recent highlights...

GIRLS GROUPS

Both Girls Groups kicked off last term and both started very successfully. On Wednesdays I work with the Legends on topics like self confidence, leadership, practising good decisions and social skills. I have a lovely group consisting of six girls who are eager to learn and willing to give anything a try. This group is activity based with learning objectives and discussion points at the end.

With the Wave Riders Resolution Girls Group has been a little more challenging but we also had some great discussions on similar topics. I also lead a girls art group on Thursdays which is working our way toward designing and creating a piece of outdoor art for the school.



*"I feel excited when I know Resolution Girls
Girls Group is on - Amber is awesome"*

TERM 1 and 2 PROGRAMMES and SUPPORTS

- In Class Support
- Break time support
- Boys Club
- Basketball
- Resolution Girls Group
- Mentoring
- Girls Social Skills Group
- Legends Boys Group
- Man skills

Mentoring

This year Amber has been mentoring Laney. This had been happening each Friday morning for an hour.

Amber has loved the chance of getting to know Laney and being able to have the chance to encourage her on a weekly basis. It will be sad to see Laney leave SNBS mid year, but also exciting for what's ahead for her in her adventure of moving North again and for her to be close to her whanau.



LEGENDS BOYS GROUP

Matt has been working with 16 of the Legends Boys on our Boys club Program. We have looked at several key social skills like how our actions affect one another, winning and losing and who am I. One of the boys replied when asked on his form "what do you like most about the program?": "having fun, making new friends, becoming a young man."



BASKETBALL

For the third year in a row Matt is heading up basketball at South New Brighton. We are entering three teams into the Cowles competition this year. One year 5/6 team, a Y 7/8 mixed team and a Y 7/8 Boys team. All three teams have improved huge amounts since starting training in term 1. Recently Matt took the Y 5/6 team to the Christchurch indoor tournament. The boys played well however were outdone by the tougher teams this time. We are now looking forward to the Koru games near the end of term 3!



YOUTHWORKERS REGULAR TIMES IN SCHOOL

Matt

Monday 3:10 pm-4:45pm, Basketball Practice

Thursday - 8am - 9am, Basketball Practice.
1pm - 3pm, Lunch time support and Man Skills

Friday - 8am - 1:30pm, Legends Groups, In class support and lunch time support

Amber

Wednesday - 1:30pm-2:45pm Girls Group

Thursday - 9am-12:30pm Resolution Girls Group or Art Group, morning tea support & in-class support

Friday - 9am-10am Mentoring

MAN SKILLS

In Term 2 Matt has been working through the Man Skills program with 3 boys from the Wave Riders classes. The Man Skills program looks at several practical skills such as knot tying and how to fix your bike, as well as social skills such as how to go about relationships and how your attitude affects your life. The boys involved engaged well with the content and have reported back to me how they have put it into practice what they learnt.



COMMUNITY ACTIVITIES

We see SNBS pupils in many of our community programmes, and still see many ex-SNBS'ers at our teenage programmes and as junior leaders too. Rock Solid attracts 60+ intermediates most weeks from all local schools - many from South. We hosted an EPIC Dance Party for over 120 intermediates at the War Memorial Hall and over 40 boys had a fun packed day including paintballing at the Guys Day Out. Stage 1 of our building work is complete and this opens the door for more activities, including parent support programmes.

A particularly successful programme was our recent Father Son Camp. We took 11 pairs (22 people) away into the Canterbury high country for a weekend of outdoor pursuits, father son bonding time, food and fun. Everyone that went said that they would recommend this camp, including one Dad who starting brainstorming a Father/teenage son camp. Watch this space for our first Mother Daughter camp!



YouthAlive TRUST
Serving young people in New Brighton since 1989

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