

Youthworkers in School

Term 2 Report 2014



Matthew Barnes

3rd year in NNB

Loves: Fishing



Amber Paterson

4th year in NNB

Loves: Baking



PURPOSE & HISTORY

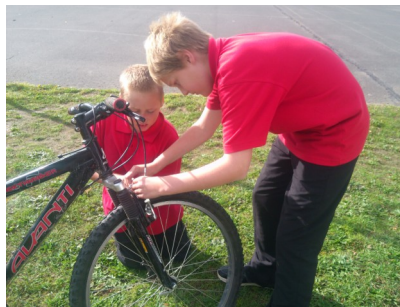
Youthwork is the process of creating an environment where young people can engage in informal educational activities, support a young person's development and help them build healthy connections with family, peers, and their community. It encompasses role modelling, being accessible to young people and being around to help young people make good choices.

Youthworkers have supported **North New Brighton School** for many years. They have led a variety of programmes including boys clubs, girls groups, sports coaching, leadership programmes, mentoring, lunchtime support, helping with trips, camps and a general part of school life. Here's some recent highlights...

MAN SKILLS

Man skills aims to equip Year 7 & 8 boys with some of the traditional kiwi bloke skills alongside relational youthwork and life lessons. The North New Brighton boys can now tie a variety of knots, maintain a bicycle, use basic tools, setting up a tent and know how to treat ladies well!

Term two has seen the first three boys finish up and the next three begin on Wednesday mornings. A highlight for me with this first group was to see how much they pushed their personal boundaries. Often they would find themselves trying something on the edge of their comfort zone like trying to get the nail to go in straight and not split the wood. While this may seem a small challenge for these boys this sort of thing was pressure inducing and they would tackle any of these challenges big or small head on!



TERM 2 PROGRAMMES

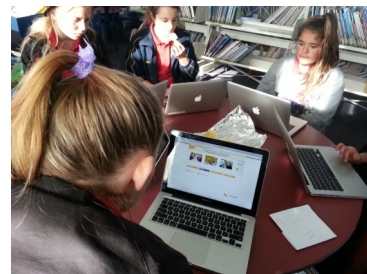
- Man Skills
- Resolution Girls Group
- Mentoring
- ABL
- Lunchtime Support
- Community Programmes
- Epic Dance Party
- Guys Day Out
- New Brighton Library Youthwork Support

*What did you most like about Man skills?
"You get to learn stuff that can help you in life."*



RESOLUTION GIRLS GROUP

Resolution Girls ran in term 1 & 2 weekly on Thursday afternoon with 8 girls from Room 8. The program helps develop resilience for the hard times, self confidence, team work & healthy relationships. All the girls also have their own journal which the Amber reads and responds too. The final session with the girls involved putting 'trust' into practice as we took the group to the YMCA for some Rock Climbing. It was great to see each girl set a goal, then once they reached it push themselves that much further than they thought possible to reach new heights and goals. We were encouraged to read in the surveys that everyone felt that it had helped in their own personal development.



"It helped me with some problems at school and make me feel confident to talk to someone"
(Resolution Girls Survey Response)

MENTORING



Amber mentors three students every week during school.

"I've made it a goal for each of the girls to learn new skills. One of those skills they learnt was how to hand sew. It's amazing to see their change in face and body language once they have learnt that new skill."

ABL - YEAR 4 & 5S

Over this last term Matt has been working alongside a group of 6 boys from Nigel's class. With these boys we have been doing various activities based around Teamwork. We would do an activity with the group and then use that as a catalyst for discussion around different parts of Team work.



GENERAL SCHOOL SUPPORT

We love being able to not only run programmes but also in support anything and everything else which is going on at school. We love being around at lunch times whether it be throwing a ball around, chatting 1 on 1 or catching up with a teacher. We find these a really valuable time and feel really at home at North New Brighton School.

COMMUNITY ACTIVITIES

We see NNBS pupils in many of our community programmes, and still see many ex-NNB'ers at our teenage programmes and as junior leaders too. Rock Solid attracts 60+ intermediates most weeks from all local schools. We hosted an EPIC Dance Party for over 120 intermediates at the War Memorial Hall and over 40 boys had a fun packed day including paintballing at the Guys Day Out. The renovation work has officially started on our building, which will bring more exciting programmes!



YouthAlive TRUST
Serving young people in New Brighton since 1989

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