

# Youthworkers in School

## Term 2 Report 2014



Matt Barnes



Amber Paterson



James Ridpath

### PURPOSE & HISTORY

Youthwork is the process of creating an environment where young people can engage in informal educational activities, support a young person's development and help them build healthy connections with family, peers, and their community. It encompasses role modelling, being accessible to young people and being around to help young people make good choices.

Youthworkers have supported **Central New Brighton School** for many years. They have led a variety of programmes including boys clubs, girls groups, sports coaching, leadership programmes, mentoring, lunchtime support, helping with trips, camps and a general part of school life. Here's some recent highlights...

### MAN SKILLS

Man skills aims to equip Year 7 & 8 boys with some of the traditional kiwi bloke skills alongside relational youthwork and life lessons. The Central New Brighton boys can now tie a variety of knots, maintain a bicycle, use basic tools and know how to treat ladies well!

Man Skills over Term two has seen the first three boys finish up and the next three begin on Tuesday afternoons. One of the highlight was during the final session when I could see just how much the boys had actually learnt. 'The Challenge' combines most of the things we've covered in the previous weeks, and Josh, Ben & Bailey passed with flying colours!



### TERM 2 PROGRAMMES

- Man Skills
- Football Coaching
- Resolution Girls Group
- Mentoring
- Lunchtime Activities
- Duffy Trip
- Pastoral Care Meetings
- Community Programmes
- Epic Dance Party
- New Brighton Library Youthwork Support

*What do you like most about Man Skills? "It's always a challenge and I learnt things I have never learnt before."*



## RESOLUTION GIRLS GROUP

Resolution Girls ran in term 1 & 2 weekly on Tuesday afternoons with all of the Year 8 girls. It helps develop resilience for the hard times, self confidence, team work & healthy relationships. All the girls have their own journal which Amber reads and responds too. One of the best sessions was when we were talking about the future including high school. When we had finished one of the girls said "Thanks for that. I was really worried about going to high school, but now I'm not". I love helping girls to see that a lot of the time their fear is perceived fear which usually isn't necessary; and then helping to give them tools to be able to handle it in the future.



*"Thanks Amber for helping me choose a successful path. The Journals were awesome!"*

## MENTORING

Amber has been mentoring Zoe through BBBS for the past three years. Their relationship has truly become a natural one. One where Zoe talks openly about both about the good stuff in life and the hard stuff. A high light has been building 3D puzzles which Zoe has had to learn how to read instructions and instruct Amber on what to do and how to do it.



## SPORTS COACHING



James was again coach of the Senior Football Team, made up of 12 boys and 2 girls. Weekly Wednesday lunchtime training, and Friday afternoon games have been heavily affected by wet weather. However we've enjoyed some local derby's at North New Brighton, New Brighton Catholic & Queenspark Schools, and goals have been inspired by the Brazil 2014 World Cup!

## GENERAL SCHOOL SUPPORT

We love the close proximity of CNB to our offices so often pop over the road to kick a ball, run a game, or just chat to the pupils (& teachers) at lunchtime. We helped the senior class on their Duffy trip to listen to Dr Ben Carsen and attend the Pastoral Care meetings.



## COMMUNITY ACTIVITIES

We see CNB pupils in many of our community programmes, and still see many ex-CNB'ers at our teenage programmes and as junior leaders too. Rock Solid attracts 60+ intermediates most weeks from all local schools, including most of Room 8. We hosted an EPIC Dance Party for over 120 intermediates at the War Memorial Hall and over 40 boys had a fun packed day including paintballing at the Guys Day Out. We also see many CNB pupils at the library after school where we offer activities and support.



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