

Youthworkers in School Mid Year Report 2017

**South New
Brighton
School**



Matt Barnes

8th year FT in
Youth work

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PURPOSE & HISTORY

Youthwork is the process of creating an environment where young people can engage in informal educational activities, support a young person's development and help them build healthy connections with family, peers, and their community. It encompasses role modelling, being accessible to young people and being around to help young people make good choices.

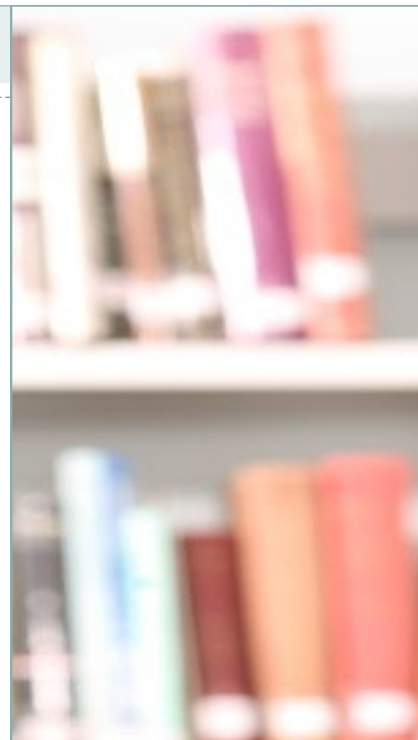
Youthworkers have supported **South New Brighton School** for many years. They have led a variety of programmes including boys groups, girls groups, basketball coaching, leadership programmes, mentoring, lunchtime support, helping with trips, camps and a general part of school life. Here's some recent highlights...

STAFFING CHANGES

From early Term 2 we sadly farewelled the wonderful Esther Mitchel as a quality member of the Youth Alive Staff team. Esther, ready for new challenges and getting married soon, finished up her role as SNBS youth worker and Oscar Co-Ordinator. While sad to see Esther leave we have been glad to welcome aboard Olivia Brown to fill Esther's Role in at SNBS and as our Oscar Co-Ordinator.

LIFE SKILLS

On a Friday mornings Matt and Olivia run the Life Skills programme. Based off the successful Man Skills programme designed for Year 7/8 boys at SNBS. It takes groups of 8 students at a time and combines discussion, alongside practical skills to equip them for life as they head towards high school. This course covers both practical skills like knot tying and how to maintain your bike, as well as life skills such as choosing our attitude and how to have positive relationships. A highlight from the first group was the hands on session around how to use various basic hand tools correctly. Everyone was stoked to learn how to cut straight with a hand saw!



Programmes & Support

- Mentoring
- Wave Riders Girls Group
- Legends Event Group
- Basketball Coaching
- Life Skills Groups
- Leaders Group
- Trips and Events Support
- Boys Club
- Break Time Support



YOUTH WORKER'S TIMES IN AT SNBS

Olivia

Tuesday - 9 -11.30 Legends Event
Leadership Group + Maths in class
help/mentoring + Break Support

1:30pm-2:30pm Legends - Life Skills
Group

Wednesday - 9am-1130am Wave
Riders - Mentoring

Friday – 9am-11.30am Wave Riders
Life Skills +Break Support

Matt (during Winter Sport Season)

Monday - 3:10pm-4:45pm,
Basketball Practice

Tuesday - 1pm - 5pm, Legends
Group, Basketball Game

Thursday - 8am - 9am, BB Practice.

Friday - 8am - 11:30pm, Life Skills,
Mentoring and Break Time support

BASKETBALL

Matt is again overseeing the basketball at SNBS this year, starting with three weeks of try out sessions. From the start of term two we have a Year 5/6 team and Year 7/8 team. Matt is coaching the Y7/8 team twice weekly while overseeing Julie Hawkes who is coaching the Y 5/6 team.



RESOLUTION GIRLS

The Wave Riders Resolution Girls Programme has been great in providing the girls with a platform for the girls to really open up and start to understand their emotions. We have been thinking about both our own emotions and other peoples and how our emotions can start to effect others without us meaning to.

LEGEND LEADERSHIP EVENT GROUP

This term the Legends Leadership Group has decided to take on the task of planning an event from beginning to end for the juniors. This has proven a great challenge because although the event is easy to create in their heads its been a challenge for them to slow down and have to create a week by week plan and think about the small things that usually go unnoticed when attending an event.

LEGENDS SOCIAL SKILLS

Once a week Matt and Olivia take a group of 8-10 legends for a program that looks at various key social skills such as quality communications, making good decisions and honesty. The program me is presented through short discussions and practical activities which has the group always keen for more the next week!




MENTORING

Part of the youth workers role is mentoring young people referred by teachers who need a bit of extra support. Both Olivia and Matt have spent mentoring time reflecting on school and social aspects, while doing activities such as craft and baking muffins as a thank you gifts for friends, just chatting or throwing a ball around. This positive interaction can make a huge difference for those involved.

COMMUNITY ACTIVITIES

We see SNBS pupils in many of our community programmes, outside of school. Rock Solid attracts 30 - 40 intermediates most weeks from all local schools. Our Boys Clubs and Girls Clubs hosts the smaller children and our holiday programmes cater for all ages from 5 - 17 year olds. Our youth workers are in New Brighton Library everyday after school and on weekends interacting with many SNBS students, and also organise big events popular with all schools such as the annual Sk8 disco . We welcome staff to come down and join us if you ever want to see what these clubs and events are like.




YouthAlive TRUST
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