

# Youth Alive TRUST

Building Bright Futures with Young People in East Christchurch since 1989



## Spring Newsletter 2017



### Supporting Babies & Toddlers...



Did you know that Youth Alive Trust runs programmes and support for the whole family, from babies, tots, children, youth and parents! Weekday mornings are made up of our own Tuesday and Thursday Playgroups, called Little Bears, where parents and tots do music, crafts, play, and morning tea. We partner with Plunket to run a Friday babies music group, and RCPHO to offer a breastfeeding support drop-in on Wednesdays.

### ...Children and Teens...

Our 8 weekly youth clubs, schools support, holiday programmes, camps and music lessons provide activities and social support to 5 - 17 year olds. Amber-Rose is just one example of a young person who joined a club at the age of 8, and has stayed connected ever since through various clubs and leadership roles. Now she coordinates a group of teenage girls to run Girls Club every week. Her YAT story was recently told in two local newspapers - read Amber's story and other media articles on our website.



### ...and Parents



We soon realised that working with the child would have better outcomes if the parents were giving the same supportive messages. Now we run regular parenting seminars, and recently 200 people attended the four seminars we hosted over Parenting Week. We also host Toolbox Parenting courses in partnership with the Parenting Place and run our own Camps for Mothers & Daughters and Fathers and Sons. One Dad came back from camp and wrote on the feedback form "This would be the best 36 hours I have ever spent with my son".

*"Thanks very much for all the support! I think it's really helpful to the kids development and you guys make connections that us teachers miss. Both schools based youthworkers are top quality role models for our students and we're very very lucky to have them."*

Emailed Feedback from a Teacher at Rawhiti Primary School

[www.yat.org.nz](http://www.yat.org.nz)



COME VISIT US!

# Recent Highlights...

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## Basketball



Heaps of it!! Schools teams, Kidsfest holiday programmes, two Wednesday clubs and 3x3 comp starting in Term 4!

## Stone Carving



9 programmes benefited from a free Stone Carving session thanks to a CCC Creative Communities grant.

## School Support



Our youthworkers give a total of 40 hours each week to two local schools. See the latest reports on our website.

## Leaders Training



Our senior leaders were inspired and encouraged at Southern Youth Leaders Training at Living Springs.

## Music Lessons



We now have 134 music students every week, and over 35 took part in the Kidsfest 'have-a-go' sessions.

## Baking



Learning new skills is part of our YAT philosophy and this happens a lot in the kitchen in most programmes.

## Leaving a Legacy...

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Everyone wants to leave a positive lasting legacy in life, and there are many ways you can do it. Trust Manager, James says *"my old youth worker supported young people in our small English town for over 40 years. Beryl and her husband, David played a large part in my passion for youthwork and the time, energy, encouragement, discernment and patience given to me, has left a legacy that continues in NZ. Beryl recently passed away, and also left a gift of £500 towards the work of Youth Alive Trust, knowing that the legacy lives on through me and my work."* Are you able to leave a lasting legacy by volunteering time in one of our programmes, or financially supporting us from as little as \$5 a week?



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### How can I help ?

- ☐ I'm keen to volunteer and would like to chat to someone about the different options
- ☐ I'd like to give regular donations and become a 'Friend of Youth Alive Trust' (Bank Account: ANZ - 117892-0066444-00)
- ☐ I'd like to give a one-off donation towards a new resource (Bank Account: ANZ - 117892-0066444-00)
- ☐ I'm interested in discussing how my business can partner with you
- ☐ Please send me information about how to leave an eastside legacy by including Youth Alive Trust in my Will