

Annual Report 2019

Youthalive trust
Serving New Brighton Since 1989



Youth Alive Trust
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www.yat.org.nz

Organisational Details

<i>Organisation Legal Name</i>	<i>Youth Alive Trust</i>
<i>Established</i>	<i>September</i>
<i>Charitable Trust Number</i>	<i>CC20229. 12th December 2007</i>
<i>Deed Registration Date</i>	<i>27th September 1989</i>
<i>Certificate of Incorporation</i>	<i>2nd October 1989</i>

Contact Details

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<i>Physical Address</i>	<i>Grace Vineyard Beach Campus 111 Seaview Road, New Brighton Christchurch, 8061</i>

Trustees

<i>Andrew Hill</i>	<i>Tony Walter</i>	<i>Deborah Swaney</i>
<i>James Renwick</i>	<i>Linda Hampton</i>	<i>Scott Pickering</i>

<i>Bankers</i>	<i>ANZ</i>
<i>Accountants</i>	<i>Winstone France Chartered Accountants</i>
<i>Auditors</i>	<i>Smith+Jack Chartered Accountants</i>

Online Information

<i>Website</i>	<i>www.yat.org.nz</i>
<i>Facebook</i>	<i>www.fb.com/youthalivetrustnz</i>
<i>YouTube Channel</i>	<i>www.youtube.com/youthalivetrust</i>
<i>Instagram</i>	<i>www.instagram/youthalivetrust</i>
<i>Amplify School of Music</i>	<i>www.amplify.mymusicstaff.com</i>

Trustees Report

Kia ora koutou katoa,

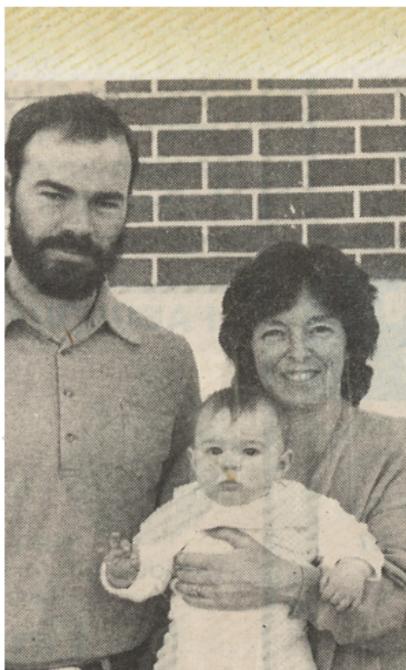
On behalf of the Trustees and myself I would like to extend to you our supporters in whatever way, shape or form that you take, a momentous - Thank you!

2019 was the year we celebrated 30 years of being a legal charity, but more than that, 30 years of selflessly serving thousands and thousands of families and young people on the east of Christchurch. When I was appointed as the first youthworker of the trust, we couldn't of imagined the growth and impact it would have, and it's such an honour to still be a part of it.

This short Annual Report just gives a snippet of the work, but it's the stories, some of which don't come until many years later, that inspire and encourage us to keep on going for many years to come.

Nga mihi nui ki a koutou katoa

Andrew Hill. Founding Staff Member & Current Trustee



ABOVE: Andrew and Priscilla Hill and their daughter Emma will become familiar faces to young people in New Brighton. They are hoping their holiday programme will expand into after school activities and are looking for people who can support their work, phone 880-276 anytime.

Couple to work for children

A husband and wife team are the new community/youth workers in New Brighton.

They will begin their new job by co-ordinating activities for local children and young people these school holidays, and have plans to establish a drop-in centre in the area soon after that.

Andrew and Priscilla Hill are members of the New Brighton Baptist Church, which has formed a trust - called the "Youth Alive" trust - to meet some of the needs of youth in the Brighton area.

The first task for Mr and Mrs Hill is to run holiday programmes for young people in the area. There will be three separate pro-

grammes for each week of the holiday. The first, for teenagers, will run from August 22-29 and be based at the Roy Stokes Hall in Central Brighton. It will involve "adventure" style activities such as tramping and abseiling as well as videos and ten-pin bowling.

The second programme, running from August 29 to September 2, will be a "variety time" for forms one and two at the South Brighton community hall.

Then from September 5-9 the third programme, for primary and intermediate school children, will be run at the Roy Stokes Hall.

The Stat

In **2019** Youth Alive Trust ran **8** youth clubs every week for all school aged young people. A total of **270** club nights for **4,412** young people supported by staff and **42** volunteers.

The Story

“Surge, the community saved me from a dark place mentally a while ago, you guys became my second family which is weird, I never thought I’d see myself in a church building. Imma get sappy here for a second but bare with me, I’ve done everything with your guys, from choking on ice cream because of some challenge to meeting my best friends, when I came into Surge I was actually in and out of hospital for depression, and I wouldn’t have picked myself up if it wasn’t to come see you guys every week, you were the light of my week when there wasn’t any. Thank you”



Mission & Values

Mission Statement: *Building Bright Futures with Young People in New Brighton through Practical Christian Service.*



Our Vision for the east of Christchurch is to provide 1) **“Safe”** places that children, young people and families are 2) **“Supported Holistically”** (socially, emotionally, mentally and spiritually) in a friendly and 3) **“Fun”** environment.

Programmes are led by enthusiastic and compassionate staff and volunteers who take every opportunity to build self esteem and try new activities through oodles of 4) **“Encouragement”**.

We provide an exciting and vibrant community, whose values are built on the Christian 5) **“Faith”**, that discriminates nobody and offers extra grace when often needed. This 6) **“Inclusive”** attitude attracts people from a wide variety of circumstances, particularly those from low socio economic backgrounds, and those considered ‘At-Risk’ to themselves or others.

We recognise that we cannot do it alone, so we refer, 7) **“Network”** and collaborate with many agencies to provide the best possible support for the people we walk alongside. We provide opportunities and training that encourages young people to serve others in various 8) **“Leadership”** capacities, that inspires a future of hope and makes both their and our world a better and brighter place!

The Stat

In **2019** we ran **2** Parent & Child Camps for **60** people and sent **17** volunteers to **2** Leadership camps. Also **74** teenagers attended our **3** Babysitting Training courses in partnership with Plunket.

The Story

"I would just like to thank you and your team for an amazing weekend. You guys made everyone feel welcome and I as a parent could see how much all the children appreciated everything that you guys did for them. This weekend made a big difference to me as a parent and I could see it helped a lot of other parents.

I always enjoyed fishing trips and weekends away with my boys and this weekend was awesome because you guys dug into some closer bonding and different stuff that I didn't do with them. I hope that you guys keep doing these father and son weekends for years to come because I remember how it helped me two years ago when I did it with my older boy. If you can pass this on to the whole team at youth alive that they are amazing and it's much appreciated for what they do. Keep up the good work bud and loved the weekend with different families and my son. Kia KAHA."



Practice Model: 5 Ways to Wellbeing



1. Connect, me whakawhanaunga. Connecting young people with adult role models/youth workers/mentors. Creating a place of belonging. Connecting to people different to you, and creating new friendships. Connecting to a larger organisation with other support networks and connections to specialist agencies.

2. Give, tukua. Volunteers and mentors giving of their time through the youth programmes and community events. Young people serving on community service projects. Donors giving financially to support programmes.

3. Take notice, me aro tonu. Self reflecting during mentoring, small groups, counselling and Mana Ake sessions. Goal setting and celebrations once they've been achieved. Inspirational and spiritual talks that stimulate thoughts of who they are in their community and the wider world. Teaching and modelling of values.

4. Keep learning, me ako tonu. Opportunities for new experiences which may lead to lifelong passions, such as music lessons, sports training, crafts, cooking, camps and outdoor experiences. Building the community by training volunteers in leadership skills.

5. Be active, me kori tonu. Encouraging physical activities on youth programmes, such as sports, games, ice skating, table tennis, basketball, Frisbee, or anything to get young people away from their screens.

The Stat

In **2019** our after school Oscar programme had **2,165** individual attendances during term time. During the holidays **1,713** children attended our junior and senior holiday programmes and **307** tweens and teens attended our free Breakaway programmes.

The Story

“My two boys have enjoyed and build firm friendships through participation in after school/holiday programs. Also father/son camps and music lessons. They have attended Rock Solid, enjoyed baking and basketball coaching.

Youth Alive changed my life when 3 or 4 years ago they took my younger son Ollie on as their youngest after school child. They had great fun and I could work longer hours and earn more money. They were in fact having so much fun that sometimes I had to wait for them to finish what they were doing.

They built friendships with children from other local schools. They have always felt that the gentle christian education is not pushed and like how this approach is modelling good values. I first took my boys to their Halloween Family Fun Evening many moons ago and that is also a great safe fun night.”



A Snap Shot of What We Do

1. Weekly Clubs. Boys Club (Years 1 - 6), Girls Club (Years 1 - 6), Rock Solid (Years 7 - 8), Surge (Years 9 - 13), Basketball Clubs (Years 4 - 8), Kitchen Klub (Years 6 - 9), Craft Club (Years 6 - 9) & Dance Fitness (all ages).

2. School Programmes. Supporting students in life skills programmes, mentoring, events and extra curricula activities at Rawhiti Primary.

3. OSCAR. A daily Programme after school for Years 6 – 9. Three different holiday programmes for Years 1 - 4, 5 – 9, and Breakaway programmes for teenagers.

4. Camps. We take youth on overnight and weekends away throughout the year, such as Winter Camp, Father Son Camp, Mother Daughter Days and Xtend Leadership Camp.

5. Mentoring & Counselling. Formal youth counselling and matching mentors with mentees for informal mentoring for relational support, goal setting and a lot of encouragement.

6. Mana Ake. Mental health support workers in our local schools, offering wrap around support for the young people and their families.

7. Community Events. Large events such as I Love New Brighton, School Fairs, EPIC Dance Parties, Sk8 Disco's & the popular Family Fun Night.

8. Parenting & Pre-school Programmes. Two weekly Playgroups, Parenting Seminars, Babysitting Training and partnerships such Breast-feeding Drop In, Parenting Toolbox Courses, PEPE and Antenatal Classes.

9. Amplify Music School. Instrument Lessons for 170 young people every week, Youth Bands, and a Recording Studio.

10. Volunteer Training & Support. We recruit, train and support volunteers and interns to work in their community, on events, programmes and run training and support for them.



The Stat

In **2019**, Youth Alive Trust Mana Ake staff have worked one-on-one with **57** children, ran **39** groups containing a total of **245** children over **220** sessions and an **8** week programme for a large class over **8** sessions. On average our team supported **60** children per week.

The Story

"Thank you from the bottom of our hearts for the support you have provided to Abbie this term. She enjoyed meeting with you weekly very much right from the very first session and was positive about the relationship you developed with her. You managed this so sincerely and quickly, which was certainly no easy task in the first few months she came to live with us. This has shown her that getting help is positive and fun, you have really opened the door for her on this.*

You have also been supportive to our entire whanau, non judgemental when we got frustrated, and an empathetic ear for us as we struggled through behaviour issues and changes, time management

issues and slowly getting her out of fight or flight mode. Abbie and our household have benefitted in such a positive way from your suggestions, techniques and input that we feel words cannot truly describe how life changing and invaluable the service you provide is. I have appreciated your calm and realistic attitude and that you celebrate the small successes she makes with us. We are so grateful that you have helped us lay a solid foundation of trust, love and stability so that she can positively change her behaviour without fear."



The Money

* The 2019 Account are currently being compiled and then audited and will be formally published on the Charities Commission Website when complete.

We are Soooooooooooooooooooooo grateful to everyone who gives us the mullah to keep our work going! We have worked hard over the past number of years to diversify our income streams. In 2018 our income was split between contracts (33%), fee's (31%), grants (22%), donations(12%) and fundraising, enterprise & interest (3%).

We would like to say a big thank you to the grant makers, most of whom have supported us for many years, particularly the Christchurch City Council, NZ Lottery Grants Board, COGS, Rata Foundation and United Way. We also acknowledge the contract partnerships we have with the Ministry of Social Development, Oranga Tamariki, and the CDHB.



To the individuals and businesses who give us one off and regular donations - we are so humbled and so encouraged that you believe in our mission as much as we do! Your donations fill the gaps that grants and contracts miss, and have been used to fix rust on vans, provide training for volunteers, purchase new sport equipment, and helped cover our audit fees.

We continue to look for new fundraising opportunities and in 2019 started a new partnership with UpstreamNZ. Check out how you can help us!

The Stat

In **2019** our volunteers gave **6,678** hours to our weekly programmes, **200** hours to camps, **392** hours to community events, **2,055** hours to holiday programmes, **276** hours to mentoring and **288** hours to governance of the trust. A total of **9,889** hours were donated in 2019. If paid at the minimum wage of \$17.70, that's a saving of **\$175,035!!**

The Story

"I was invited along to a YAT programme in 2013 by some friends. I felt so welcomed by both my fellow youth and the leaders. Everyone became a second family to me. From fun activities at the teens programme on what was a Monday night back then. Throughout the years I attended youth every week, went to breakaway programmes, going to Easter Camp and other camps. Leaders and YAT made a huge difference to my life. YAT made such an impact on my life that I too became a leader. I have volunteered at girls club, kitchen club, events, holiday programmes and camps, and I am currently on my fourth year being a leader at surge, the same programme that I started at. I have made life long friends with many people I have met throughout the years. YAT even influenced me to start studying social work, which I am in my third year of. I am forever grateful for everyone at Youth Alive, and all that they do for not just the people attending their programmes, but the whole community."



Crichton Cobbers Legacy

Crichton Cobbers was established in 1926 and played an important role in supporting Christchurch young people for 85 years. Sadly, their building was damaged during the Christchurch earthquakes and the trustees made the difficult decision to close Crichton Cobbers Youth Club and pass on their assets to an organisation of similar values.

The Crichton Cobbers Trustees did a thorough investigation of various charities in the city, and with no direct connection or relationship with Youth Alive Trust, approached us out of the blue to pass on their assets.

We were deeply honoured and humbled, and promised to carry forward the legacy of Crichton Cobbers, and



integrate it into our existing work. The outcomes are:

1. A website be created and maintained explaining the history, photos and stories of Crichton Cobbers.

www.crichtoncobberslegacy.kiwi

2. Two \$5,000 youthwork scholarships awarded each year for trainees working with young people on the east of Christchurch.

3. Seven historical Crichton Cobbers Trophies re-launched and awarded to young people involved in the Youth Alive Trust community, such as the W F Browns Cup for Good Courage. .

4. The financial asset is invested and not directly used, apart from the interest. This means the gift will keep on supporting youth work in Christchurch forever more!

The Stat

In **2019** Youth Alive Trust taught **6,923** music lessons to individuals or groups in schools and on our site through our Amplify School of Music.

We hosted **4** Parenting Seminars for **157** parents and **1,401** pre-schoolers attended our weekly playgroups, an average of **34** per week.

The Story

“Thank you for this opportunity to say a big thank you for your valued support in our community . I’m so grateful for your holiday programmes among the many other clubs and groups that you have to offer . I have been fortunate enough to be able to take advantage of so much on offer from you guys . From preschool music /playgroup and the mother/daughter camp was amazing and came at such a valuable time to help with my relationship with my daughter and of course the holiday programme which all my children have loved thanks to the local community feel and familiar faces 😊 “



30th Birthday Celebrations

We celebrated our 30th Birthday with a weeks worth of events! We had 10 parties at the various clubs, ate 16 large slabs of cake, had a large Birthday BBQ for supporters, staff and volunteers, shared lots of photos, videos and old paperwork, had church celebration services on the Sunday morning and launched a new fundraising scheme with UpstreamNZ.

Manager, James Ridpath said “It’s been an amazing time to reflect on where we’ve come from, and the hear the stories from people who years later are telling us that YAT changed their lives. We heard stories from successful teachers, social workers, nurses and a youthworkers who all say that Youth Alive Trust steered them in the right direction, instilled values they carry today and inspired them onto their current careers – it’s just gold!” One teacher flew in from the West Coast to share her story, and our first ever youthworker, Andrew Hill was also there to share his stories. The Birthday BBQ was well attended, and included a number of new local Council board members including Kelly Barber and Jo Zervos as well as incumbent, Linda Stewart. The Minister for the Community and Voluntary Sector, and Christchurch MP Poto Williams gave a moving speech on the value of groups such as YAT and the importance of their longevity in the area.



More Online Links

Click on this picture to watch our 30th Birthday Highlights Video



Click on this picture to hear what parents, young people & community leaders say about YAT



Click on this picture to watch a speech given by Rawhiti Primary School Principal Liz Weir about YAT to a Rotary Club



Click on this picture to read the latest media and newspaper articles about Youth Alive Trust

