



SODIUM BREAKAWAY

YEARS 9 — 13

JANUARY 15 -18TH

Our Team

Senior Leaders



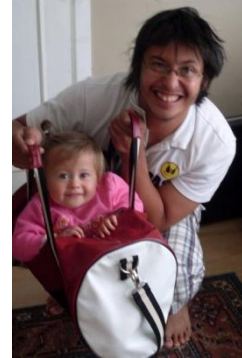
Matthew Tait



Amber Henderson



Stephen Dodge



Josiah Dayo

Junior Leaders



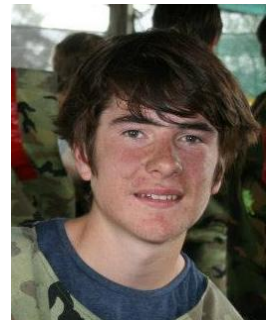
Rebekah Sangster



Sydney Erickson



Campbell Crimp



Ben Mayo

Sodium Breakaway January 2013 Report Yrs 9-13

Report written by Matt Tait – Breakaway Coordinator (Youth Alive Trust)

Overview of the week

I feel absolutely stoked to say that we have been running Sodium Breakaway for two years!! It has been so cool for the young people of New Brighton, Shirley and Aranui to have a free programme every holidays that gives them an alternative to being on the streets. This week has been a blast, we have sung our lungs out in van rides, laughed loudly in movie theatres and thoroughly enjoyed each others company, Thank You MSD for making this possible.

Tuesday 15th

For the first day of the programme we went to the movies, we had to move adrenaline forest to the Wednesday because of the rain. Today was really fun, it was great watching the 'Life of Pi' and seeing all our usuals from past breakaways. The youth loved the day especially because they got to catch up with all their friends. Before and after the movies we played a few interactive games, which was good as ice breakers, it lightened the mood and made the young people feel welcomed.



Wednesday 16th



Adrenaline forest has probably been one of the coolest things we have done on a breakaway programme. Every single young person got involved except one who was terrified of heights. Adrenaline forest is such a good challenge, everyone gave everything a go especially some of the more extreme heights that go up to 23metres!! We had a few young people that weren't that confident at the beginning, by the late afternoon the same kids were doing the higher challenges, that was one of my highlights as a leader.

Thursday 17th

Today was our in-day so we did a multitude of activities. We played some interactive thinking games like charades & Mafia (a murder mystery card game), had brain teasers and riddles which the youth had to decipher and did stone carving in the afternoon. It was interesting to see all the youth doing stone carving, especially some of our youth who really surprised us with their raw talent and skill. It was a new experience for many and they loved going home with something they're proud of.



Friday 18th

To finish the week we had one of our favourite locations, Hanmer Springs!! It was great fun, and it's a great way to get to know the youth - they are generally more chatty in the hot pools. There was a good balance of sitting in hot pools and swimming around the cold pools – something we've missed on the eastside. The trip up was lots of fun and by the end of the day we had a lot of tired teenagers that enjoyed their week 😊

Weekly Attendance

Tuesday	Wednesday	Thursday	Friday	Total Youth
29	35	26	31	37

Evaluations done by youth participants (19 in total)

For our survey we asked the following questions (1= poor, 5= Amazing!)

- A. Did you enjoy Surge Breakaway? (out of 5)

The total average for 20 people, was 4.6

- B. How were the activities? (out of 5)

4.6 was the total average

- C. Did you learn new skills on this programme?

52 % said Yes, 48 % said No

D. If you answered Yes to question 3 what did you learn?

"Adrenaline Forest"

"Climbing"

"How to help others do something that im not even sure about, and carving"

"leadership"

"How to do up the safety harness"

"How to use all the equipment at adredeline forest"

"How to do stone carving"

"not to mess with the pulleys at adrenaline forest"

"How to conquer my fears and not let them get in the way (at the adrenaline forest) and

"how to stone carve"

"stone carving"

E. Would you go to Surge Breakaway again?

100% of people answered 'Yes'

F. How well did the leaders perform? (out of 5)

4.7 was the average 😊

G. What Ethnicity are you?

13 people said they were 'European Pakeha'

4 said they were 'Maori'

1 said they were 'American'

1 said 'welsh'

H. Any comments, suggestions or compliments?

"Keep up the good work"

"do everything the same next time"

"do paintball"

"Great work guys - can't wait for the next one and I'm keen to be a leader again!"

"IT WAS FREAKING AMAZING!!! ILOVED IT SOOO MUCH I MADE SOO MANY NEW FRIENDS!!

im very close with them to ! i loved it you guys are amazing i love you <3"

"thanks heaps for the great time! "

"Great time all round, thanks for taking me"

