# Who is Youth Alive Trust?



Youth Alive Trust was established in 1989 to serve young people in New Brighton and surrounding suburbs. We aim to support young people holistically, socially, emotionally, mentally and spiritually through our programmes and our staff and volunteers.

- Weekly Clubs Our weekly after school and evening clubs including: Boys Club (Years 1 - 6), Girls Club (Years 1 - 6), Basketball (Years 3 - 8), Kitchen Klub (Years 6 - 9), Craft Club (Years 6 - 9), Rock Solid (Years 7 - 8) and Surge (Years 9 - 13) Dance Fitness.
- 2. School Youth Workers Supporting the students in class, at lunchtimes, and through extra curricula activities at Rawhiti Primary, and South New Brighton Primary Schools.
- 3. Holiday Programmes and OSCAR We run three different holiday programmes, Years 1 4, 5 9 and Breakaway for Years 9 13. Also Senior OSCAR runs everyday after school for Years 5-8.
- 4. Camps We take youth on overnight and weekends away throughout the year, such as Easter Camp, Winter Camp, 40hr Famine Sleepover, AMPED Camp, Father Son and Mother Daughter Camps.
- 5. Counselling We provide counsellors in local schools and also have three counsellors as part of the Mana Ake - Stronger for Tomorrow, supporting the wellbeing of children in schools Year 1 - 8.
- Mentoring One-on-one with young people for relational support, goal setting and a lot of encouragement.
- 7. Community Events Large community events such as the Sk8 Disco, I Love New Brighton, 3 x 3 Basketball, EPIC Dance Parties and our Family Fun Night.
- 8. Parenting and Pre-school Programmes and partnerships such as -Breast-Feeding Drop In, Beach Tots Playgroups, Parenting Toolbox Courses, Parenting Seminars and Babysitting Training for Teens.
- Amplify School of Music Lessons, Youth Bands, and music recording in our purpose build music rooms.
- 10.Volunteer Training and Support We recruit, train and encourage volunteers to work in their community, on events and programmes. We also host interns.





## Years 7 & 8

Friday afternoons

of the school term

4:30 - 6:30pm **TERM 4 PLAN** 



Based @ Grace Vineyard Beach Campus

111 Seaview Road, New Brighton, Christchurch

**2** 03 388 1001

email: rego@yat.org.nz

www.yat.org.nz Enrol/book https://yatclubs.aimyplus.com



# 2019 Program Info

# Rock Solid Term 4 Plan

#### What is Rock Solid?

Rock Solid is a weekly club just for intermediates. We do in-house events, as well as some outings, joint events with other intermediate Clubs and also a couple of camps throughout the year - so get ready for some wild, zanney, funky times!

It's run by staff and a group of volunteers and junior leaders who want to give back to the community.

Please don't hesitate to contact us if you have any further questions.



#### When?

Rock Solid runs from the second week of each term Friday from 4:30 - 6:30pm. Doors open at 4:20pm with free time until 4:45pm then the organised activities begin. Some weeks may finish later, but we will let you know. A number of our senior leaders are part of Grace Vineyard Church. Each night a leader shares a short Christian based thought or challenge, but nothing is forced or coerced on anyone. Club updates and photos are on our Youth Alive Trust facebook page.

#### Cost?

\$20 per term - this doesn't even cover our costs! If you'd rather pay weekly, it's \$3 per night. Outing Costs are additional to your term fee and will vary depending on what we're up to. We don't want money to put you off coming though, so speak to us if you have concerns. We keep costs down thanks to the sponsors and supporters of Youth Alive Trust, such as Christchurch City Council, Lotteries and Rata Foundation. For information about becoming a financial supporter, see: www.yat.org.nz

### Registration?

If you'd like to register for Rock Solid please complete

the online database for clubs (if you've already used the database for Holiday Programs use the same login):

yatclubs.aimyplus.com Then select the Rock Solid programme. If you want to just to try it out, just rock on down.

#### Where?

Our offices and programmes are based at Grace
Vineyard Beach Campus, 111 Seaview Road, New
Brighton. Parking also available on Beresford Street.

**18th Oct** YAT's 30<sup>th</sup> Birthday Party



25th Oct Crazy Sports Night



No Rock Solid, Fireworks in New Brighton



8th Nov Skate School



1st Nov

15th Nov No Rock Solid, Show Day



**24th Nov** Survival Hut Challenge





7th Dec
Mystery Night!! Final Night for 2019



#### Matt Says:

What better time than now to do something crazy that will push yourself beyond what you thought you could do and leave you with life long memories.