

Youthworkers in Rawhiti Primary School



Matt Barnes

8th year in FT Youth Work

*Loves: Hunting, Surfing,
Basketball, Food and the
Outdoors*

matt.barnes@yat.org.nz



Liv Brown

Youthworker

*Loves: Swimming, Food
and Sport.*

olivia.brown@yat.org.nz



Melissa Moore

Youthwork Intern

Loves: Netball,

melissa.moore@yat.org.nz

Monday 1pm - 5pm, Ata
Hapara (from term 3)
Break support, Basketball

Tuesday 11am - 5pm,
Tawhirimatea boys group,
Tane Mahuta boys group,
Break support and
Basketball Game

Wednesday 8am - 1pm,
Basketball Coaching,
Tangaroa Boys / Small
groups and Break support

Thursday 2-3pm, Break
support, Basketball

Friday 1 - 3pm, Friday
Sports/pastoral care

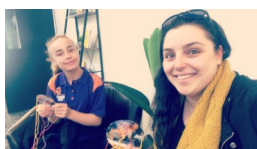


Tuesday 9.30 - 12.30pm
Tangaroa Girls Group, break
support & Mentoring

Wednesday 9.30 - 12.30pm
Tawhirimatea girls group,
Tane Mahuta girls group,
Break support & Mentoring

Friday 10.40 – 2.45pm
Mentoring, Break support
and Sports

Friday 1- 3pm, Terms 1 & 4
Mentoring, Break support
and Sports



PURPOSE & HISTORY

Youth work is the process of creating an environment where young people can engage in informal educational activities, support a young person's development and help them build healthy connections with family, peers, and their community. It encompasses role modelling, being accessible to young people and being around to help young people make good choices.

Programs and Support

- 1 on 1 Catch Ups
- Camps
- Surfing
- Basketball
- Friday Sports
- Boys Groups
- Girls Groups
- Break Time Support

"The YAT workers are fabulous, they give our students massive support and have a hugely positive effect on our community" Andrew Redmond (Tangaroa Teacher)

SURFING

One of Matt's passions is surfing, so to be able to surf during work time is a dream come true! He loves to share his passions with others, so school surfing is a real highlight of the role. It's always a highlight of summer terms being able to offer a opportunity unique to Rawhiti to the senior students. Many of the young people that we have taken out surfing have gone on to take it up as a positive hobby during their own time, and some have even joined the North Wai board riders club because of getting to first try it out at school.

It was also awesome to have the opportunity with Rawhiti's support to head down to Dunedin for the weekend with Andrew Redmond to complete the Level 1 Surf instructors qualification. Now we can not only offer surf lessons but surf lessons to the same standard you would expect from a professional surf school!

1 ON 1 CATCH UPS

A part of Matt & Liv's role in Term 1 was to welcome the Year 7 & 8 into the year by taking the time to go for a walk and chat with each of them. Sessions were done 1 on 1 with no agenda or time frame giving each pupil the chance to chat about whatever was going on for them and what they are thinking about the year ahead. While time consuming these sessions proved a really positive tool to begin the year with. Very quickly they met all of the new Year 7's and had a great chance to see where everyone was at for moving into the year ahead. These chats also allowed opportunity to refer into more formal counselling, including one boy that wanted to work through some deeper issues he opened up about.

BASKETBALL

Matt is coaching two Year 7/8 basketball teams at Rawhiti. Matt also has the assistance of ex-student Alan Hammersley each Monday afternoon. Practices are run 3 times a week, with games on Tuesday afternoons. For several this is their first time playing in



a competitive setting, it's really great to watch both the beginners and advanced players all develop their skill sets in this now hugely popular sport at this age.

One of the big perks of coaching sports teams is it that the sport becomes a tool for positive youth development. While the sport is the main focus, young people involved learn valuable life lessons in responsibility, team work, commitment and pushing themselves (even when things are tough). The privilege of coaching also allows many opportunities to speak positively into the participants lives.

COMMUNITY ACTIVITIES

We see Rawhiti pupils in many of our community programmes, outside of school. Rock Solid, for Years 7/8, attracts 40 - 50 intermediates most weeks from all local schools. Our Boys Clubs and Girls Clubs for Years 1-6, hosts another 60 children, and others come to the Kitchen Klub, Craft Club, Basketball Clubs and teenage clubs. A Youth Alive Trust van collects Year 5—8 children each day for the Oscar and we also host many Rawhiti students on our holiday programmes & events. Another highlight each year is our Father Son Camps and Mother Daughter Camps, run in near March and August respectively. On these camps we often see several Rawhiti students with their parents join us for a weekend away of adventure, food and quality time away together. We welcome staff or trustees to visit us at our base on Seaview Rd if you ever want to see what goes on.



Grace Vineyard Beach Campus,

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New Brighton, Christchurch

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🌐 www.yat.org.nz

FRIDAY SPORT

This year both Matt and Liv are helping run alternative sporting opportunities for those Year 4-8's that are not part of one of the offered Friday sport options. These afternoons give great opportunity to help some of these young people realise they can still be active without the need to be a part of main stream sports. Liv has also had to help the Netball team at times when they've been short of adults.



Down at the Youth Alive Trust building we help out by providing a venue for the Table Tennis to be played, with our intern Melissa taking charge in overseeing the smooth running of the building and Table Tennis each week.



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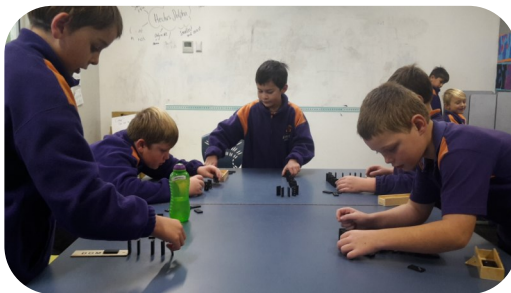
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YEAR 4-6 BOYS GROUPS

Over Term 2 Matt has been running two boys groups for Years 4-6, in Tawhirimatea and Tane Mahuta. These are practical groups for 6-10 boys at a time. Using various activities and short discussions we look at relevant topics for their age such as how my actions affect others, making good decisions, honesty and communication. The boys are always amping to go each week, looking forward to what we will be doing and discussing this week!



Y 6/7/8 BOYS GROUP

In 2017 Matt completed a year long Certificate in Pastoral Counselling. Matt has been working on developing some of the information from the course into a program for that looks at building resiliency, by upskilling them with knowledge to help them as they experience the difficult norms of being human. It looks at our mental health, having positive interactions with other people, how to deal with others perspectives, how our past influences our future and how to positively handle big emotions.



Matt ran the program for Year 6 boys, and the boys gave feedback at the end of 5/5 for relevancy & interest in the topics covered. The boys said how glad they were to have an adult being open, honest and real about these pressing topics that they felt weren't talked about enough, as well as giving practical tips of things they can actually go and do to make a difference for themselves and others facing those situations.

GIRLS GROUPS

Liv has been running girls groups with both Year 7/8s and Year 5/6s. The programme called Resolution Girls has been very though provoking as some as it focuses on family relationships, friendships and also their personal relationship with themselves. Its been interesting to have some very deep discussions and seeing the changes in everyone from week to week.



YEAR 5/6 CAMP

Matt tapped into his commercial cooking past and catering abilities to provide the catering over the full week of Camp in Hanmer Springs. This was a great week away where Matt was able to provide a practical service while still connecting with lots of young people previously not connected with as well as several parents and teachers. We love to be involved with these extra parts of school life, if you ever would like us to be a part of something extra just let us know, even if it's outside of our usual hours.