

# Who is Youth Alive Trust?

# GIRLS CLUB

*Youth Alive Trust* was established in 1989 to support young people in New Brighton and surrounding suburbs. We aim to support young people holistically - socially, emotionally, mentally and spiritually through our programmes, our staff and volunteers.



- 1. Weekly Clubs** Our weekly clubs include: Boys Club (Years 1 - 6), Girls Club (Years 1 - 6), Basketball (Years 3 - 8), Kitchen Klub (Years 6 - 9), Craft Club (Years 6 - 9), Rock Solid (Years 7 - 8), Surge (Years 9 - 13) and Dance Fitness (All ages).
- 2. School Youth Workers** Supporting the students in class, at lunchtimes, and through extra curricula activities at Rawhiti Primary School.
- 3. Holiday Programmes and OSCAR** We run three different holiday programmes, Years 1 - 4, 5 - 9 and Breakaway for Years 9 - 13. Senior OSCAR runs everyday after school for Years 5-8.
- 4. Camps** We take youth on overnight and weekends away throughout the year, such as Easter Camp, Summer Camp, Famine Sleepover, AMPED Camp, Father Son Camp and Mother Daughter Camp.
- 5. One to One** Counselling and Mentoring one-on-one with young people for relational support, goal setting and a lot of encouragement.
- 6. Mentoring** One-on-one with young people for relational support, goal setting and a lot of encouragement.
- 7. Community Events** Large community events such as the Sk8 Disco, I Love New Brighton, 3 x 3 Basketball, EPIC Dance Parties and our Family Fun Night.
- 8. Parenting and Pre-school** Programmes and partnerships such as - Breast-Feeding Drop In, Little Bears Playgroups, Parenting Toolbox Courses and Parenting Seminars, Babysitting for Teens Training.
- 9. Amplify School of Music**, Lessons and Youth Bands, and music recording in our purpose build music rooms.
- 10. Volunteer Training and Support** We recruit, train and encourage volunteers to work in their community, on events and programmes. We also host interns.



**Years 1 - 6**  
Thursday afternoons  
of the school term  
4:00 - 5:30pm  
Term 1 Plan

**Youth alive** trust  
Serving New Brighton Since 1989

Based @ Grace Vineyard Beach Campus  
111 Seaview Road, New Brighton, Christchurch

☎ 03 388 1001

email: [rego@yat.org.nz](mailto:rego@yat.org.nz)

[www.yat.org.nz](http://www.yat.org.nz)

Enrol/book <https://yatclubs.aimyplus.com>

Find us on  
Facebook



# 2019 Programme Info

## What is Girls Club?

Girls Club is just for primary aged girls, a place where 'Girls can be girls'. We do lots of girls games, sports, activities and outings, although we may sometimes join up for larger events with the boys - we don't want to catch boy cooties!

Girls Club is led by staff and a group of volunteers who are all passionate, trained and police checked. Our senior leaders are part of Grace Vineyard Church. Programmes include sharing a Christian value or Bible truth, but nothing is forced or coerced on anyone. Please don't hesitate to contact us if you have any questions.



## When?

Girls Club is during school terms on Thursdays from 4:00pm - 5:30pm; doors open at 3:50pm. Some weeks may finish later, but we will let you know. A responsible adult will need to sign the girls in and out of each session.

## Cost?

\$20 per term, or if you'd rather pay weekly, it's \$3 per day. Outing costs are additional to your term fee and will vary depending on what we do. We don't want money to put you off of coming though, so speak to us if you have concerns. We keep costs down thanks to the sponsors and supporters of Youth Alive Trust, such as Christchurch City Council, Lotteries and Rata Foundation. For information about becoming a financial supporter, see our website.

[www.yat.org.nz](http://www.yat.org.nz)

## Registration?

If you'd like to register for Girls' Club please complete the online database for clubs *(if you've already used the database for Holiday Programs use the same login)*

[yatclubs.aimyplus.com](http://yatclubs.aimyplus.com) and then book for girls club and

just pop along to

club



## Where?

Our offices and programmes are based at Grace Vineyard Beach Campus, 111 Seaview Road, New Brighton.

# Girls Club Term 1 Plan

21st Feb

Welcome to 2019

PARTY TIME



28th Feb

Scavenger Hunt

7th March

Dance Dress Up



14th

March

QE2

(Bring togs and Towels)



21nd March

Waffle Making



28th March

Games Night

4th April

Easter Crafts



11th April

Beat the Parents



"First rule of girls club, we don't just talk about girls club - we live it!"

*Melissa & Amber-Rose*

