

YOUTH ALIVE TRUST BREAKAWAY PROGRAMME



DECEMBER 2013

Breakaway December 2013 Report Yrs 9-13

Report written by Matt Tait – Breakaway Coordinator (Youth Alive Trust)

Overview of the week



What a great week it's been! We have been to the movies, Kayaking and Sailing, a trip to Hanmer Springs and to top it all off Mountain Biking at Bottlelake Forest. On a sad note

this week has been my last week of running holiday programme and working at Youth Alive Trust so my work colleagues put on an event at the end of Friday for me!

Tuesday 17th

We started the week with Ice Breakers and games. One we called 'Zombie Apocalypse'. This is where we ask the youth what they would do in a zombie outbreak then as leaders we give them a score out of ten for their survival rate. It was the type of game that brings a lot of laughs and helps people to relax on the first day. We also did a couple of run around games. After this we made our way to the movies to watch "The Hobbit 2". A chilled first day.

Wednesday 18th

Today was so much fun! Once everyone arrived we made our way out to Pegasus, a new subdivision outside Christchurch. At the lake we meet a group of outdoor instructors that lead us to a large set of Kayaks and Sailing boats. We spent the whole afternoon learning skills on Sailing and Kayaking. Half our youth haven't been sailing so learning this skill pushed them limits and also took courage. One of the young people started asking the instructor how they got their job, as they thought it would be an awesome career option.



Thursday 19th

We set off as early as 9.30am and made our journey to Hanmer Springs. In the hot pools it provided a great opportunity for the young people to socialise with each other and it was also great for the leaders to spend quality time with the youth. Many spent a time in the large cooler swimming pools having races and playing games.

Friday 20th

This was a fantastic end to the week – for the young people and me! The mountain bike ride went really well through Bottle Lake Forest. There were a few young people that had little confidence in riding a



bike and by the end of our ride they were doing so well! They were even keeping up with some of the faster young people. The other group that did sports in the park played games of touch and football. The youth got so passionate that they were arguing with the leaders about the rules and especially with the leader that was the referee!

Total Youth attendance on the week
41

Evaluations done by youth participants – 24 Completed on final day

For our survey we asked the following questions (1= poor, 5= Amazing!)

A. Did you enjoy Surge Breakaway? (out of 5)

The average was 4.8 out of 5

B. How were the activities? (out of 5)

The average was 4.6 out of 5

C. Did you learn new skills on this programme?

80% of Youth said 'Yes'

D. If you answered Yes to question 3 what did you learn?

“How to Push myself harder”

“How to Sail”

“I learnt how to be a better person and got better at sailing”

“Sailing”

“More leadership skills”

“I learnt what happens in the hobbit”

“How to be a better person by not taking everything for granted”

“How to go mountain biking better”

“How not to die on a dirt bike and to always wear too much sunblock”

“How to sail”

“How to sail, I learnt that the hobbit is not a good movie”

“Learnt how to sail”

“How to sail”

“To have fun and make good friends”

“How to Kayak with a Kayak on my legs.”

“How to work better as a Team with people my own age upto adults.”

“How to mountain bike and to kayak”

“How to kayak”

E. Would you go to Surge Breakaway again?

100 %

F. How well did the leaders perform? (out of 5)

The average was 4.9 out of 5

G. What Ethnicity are you?

86% answered 'European pakeha'

8% answered 'Other'

6% answered 'Maori'

H. Any comments, suggestions or compliments?

"Thank you for an amazing time"

"Not much to improve on but I wish Matt Tait was not leaving"

"Great balance of chill and structure"

"It was very fun. We should do some paintball & a camp sometimes"

"The leaders were very caring this breakaway and i had the best time"

"Adrenaline forest or action indoor, or horse riding"

"Matty will be missed"

"Do Airsoft"

"Enjoyed ever since I joined and have had a great time"

"Not really. We'll miss you heeeaps Matty. Good luck man."

"Laser Strike would be fun. A choice in what movie we get to see"

"Adrenaline forest!"

"If we could go out to woodend."

"Adrenaline forest, the breakaway was amazing!"

"Going out to the airsoft place again would be really cool. Loved Hanmer aswell!"

"It was a good week! Loved the activites, going to miss Matty!"

"Thank you alot by Liam"

"All of breakaway was Awesome!"

"It was so great"

Thanks for all the effort you have put into this!!!

Skate park