

## Who is Youth Alive Trust? BASKETBALL



If you'd like to register for Basketball Club please complete the online database for clubs (if you've already used the database for Holiday Programmes use the same login) yatclubs.aimyplus.com and then book for Basketball Club and just pop along to club on a Monday afternoon.



Youth Alive Trust was established in 1989 to support young people in New Brighton and surrounding suburbs. We aim to support young people holistically - socially, emotionally, mentally and spiritually through our programmes, our staff and volunteers.

- Weekly Clubs Our weekly clubs include: Boys Club (Years 1 6), Girls Club (Years 1 - 6), Basketball (Years 3 - 6), Kitchen Klub (Years 6 - 9), Craft Club (Years 6 - 9), Rock Solid (Years 7 - 8) and Surge (Years 9 - 13).
- 2. School Youth Workers Supporting the students in class, at lunchtimes, and through extra curricula activities at Rawhiti Primary School.
- 3. Holiday Programmes and OSCAR We run three different holiday programmes, Years 1 4, 5 9 and Breakaway for Years 9 13. Senior OSCAR runs everyday after school for Years 5-8.
- 4. Camps We take youth on overnight and weekends away throughout the year, such as Easter Camp, Summer Camp, Famine Sleepover, AMPED Camp, Father Son Camp and Mother Daughter Days.
- 5. One to One Counselling and Mentoring one-on-one with young people for relational support, goal setting and a lot of encouragement.
- 6. Mana Ake Wellbeing and mental health support workers in local primary schools, for children and whanau.
- 7. Community Events Large community events such as the Sk8 Disco, I Love New Brighton, 3 x 3 Basketball, EPIC Dance Parties and our Family Fun Night.
- 8. Parenting and Pre-school Programmes and partnerships such as -Breast-Feeding Drop In, Little Bears Playgroups, Parenting Toolbox Courses and Parenting Seminars, Babysitting for Teens Training.
- Amplify School of Music, Lessons and Youth Bands, and music recording in our purpose build music rooms.
- 10.Volunteer Training and Support We recruit, train and encourage volunteers to work in their community, on events and programmes. We also host interns.

# CLUBS



Years 3-5 & 6-8

Monday afternoons

of the school term

3:30-4:30 & 4:30-5:30



Based @ Grace Vineyard Beach Campus 111 Seaview Road, New Brighton, Christchurch

**2** 03 388 1001

email: rego@yat.org.nz

www.yat.org.nz

Enrol/book https://yatclubs.aimyplus.com



### 2020 Programme Info

#### YEARS 3 - 5

When: Mondays 3:30 - 4:20pm

Cost: \$30\* per term

Places available: 15 per term

What: This programme is made up of a combination of game time and drills to get the fundamentals down. It aims to introduce new players to the game, advance existing skills and have a lot of fun! Our rims are height adjustable, so no problems for this age group.



#### Who's Running it?

Anna Spark is the coach. Anna has been playing basketball for 20 years and has been involved as a coach in the successful Gators Club since 2018.

#### YEARS 6 - 8

When: Mondays 4:30 - 5:30pm

Cost: \$30\* per term

Places available: 15 per term

**What:** This is suitable for all abilities, and is split up into coaching time, drills and games. It's a good chance to make new friends, keep fit and practice your slam dunk skills on our new height adjustable rims.



#### The Facility

YAT's Basketball programmes is run in our gym, which boasts competition grade hoops with glass backboards as well as a cushioned floor. The gym is approximately a 3/4 sized area of a full court, however the markings have been left true to a full size court.

All of the programmes use quality basketballs.

Not sure if you're keen to join in permanently?

Come along and try your first session for free, if you like it sign up and keep going. If it's not for you no problems.

To try a session out free contact us at rego@yat.org.nz or 03 388 1001 to ensure there is space in the club

#### 2020 Dates

Term 1: 17 February - 6 April

Term 2: 4 May - 29 June

Term 3: 27 July - 21 September

Term 4: 19 October - 7 December

All programmes start on the second Monday of the school term

\* Each term is \$30 for the whole term, if you decide to sign up part way through the term there may be a proportional discount.

All Sessions will be adapted to best suit the abilities of participants where possible.

We have aimed to price our termly fee cheaper than most alternative indoor sports coaching but enough to help cover ongoing costs, however if the cost is still an issue for you please talk to us as we may be able to help subsidise the cost.